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HY-TEK's Meet Manager 25/07/2011 12:26 PM

2011 Sherwood Park Track Classic - 23/07/2011 to 24/07/2011

Alberta Age Class Provincial Championships

Strathcona Athletic Park, Sherwood Park, AB

Results

Girls 80 Meter Dash Peewee

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Stadium: # 11.26 11/07/2009 Mattea Francis, Edmonton Olympic
Meet Record: ! 11.63 11/07/2009 Rahima Shokoya, Calgary Spartans
Name Age Team Finals Wind H#
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Finals
1 Sinnatamby, Tristan 11 Edmonton Har 11.97 -1.3 2
2 Hastie, Mya 11 Calgary Olym 12.51 -1.3 2
3 Mcculloch, Danae 11 Unattached A 13.20 NWI 1
4 Freed, Julianna 11 Edmonton Har 13.27 NWI 1
5 Nebozuk, Aniko 10 Capital City 13.59 NWI 1
6 Demone, Lindsay 11 Leduc Track 13.63 NWI 1
7 Bretzer, Eden 8 Developing Futur 14.13 -1.3 2
8 Starosielski, Kaela 9 NEAT 14.38 -1.3 2
9 Sigfstead, Sadie 8 Edmonton Oly 15.66 -1.3 2

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Girls 150 Meter Dash Peewee

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Stadium: # 20.84 12/07/2009 Mattea Francis, Edmonton Olympic
Meet Record: ! 21.65 12/07/2009 Rahima Shokoya, Calgary Spartans
Name Age Team Finals Wind H#
=====
1 Sinnatamby, Tristan 11 Edmonton Har 22.61 -1.9 2
2 Hastie, Mya 11 Calgary Olym 23.20 -2.2 1
3 Freed, Julianna 11 Edmonton Har 24.75 -1.9 2
4 Mcculloch, Danae 11 Unattached A 24.94 -1.9 2
5 Nebozuk, Aniko 10 Capital City 25.96 -2.2 1
6 Demone, Lindsay 11 Leduc Track 26.37 -1.9 2
7 Andruchow, Riley 10 Edmonton Thu 26.58 -2.2 1
8 Wonago, Candace 10 Edmonton Thu 26.76 -2.2 1
9 Bretzer, Eden 8 Developing Futur 27.66 -1.9 2
10 Starosielski, Kaela 9 NEAT 27.77 -1.9 2
11 Sigfstead, Sadie 8 Edmonton Oly 29.64 -2.2 1

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Girls 600 Meter Run Peewee

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Stadium: # 1:53.68 12/07/2009 Kennedy Newton, St. Albert Track
Meet Record: ! 1:59.11 12/07/2009 Melina Kuerschner, Edmonton Harriers
Name Age Team Finals
=====
1 Hastie, Mya 11 Calgary Olym 2:03.41
2 Demone, Lindsay 11 Leduc Track 2:07.33
3 Sinnatamby, Tristan 11 Edmonton Har 2:08.29
4 Wonago, Candace 10 Edmonton Thu 2:12.81
5 Mcculloch, Danae 11 Unattached A 2:15.06
6 Freed, Julianna 11 Edmonton Har 2:15.08
7 Nebozuk, Aniko 10 Capital City 2:18.59
8 Starosielski, Kaela 9 NEAT 2:20.22
9 Sigfstead, Sadie 8 Edmonton Oly 2:20.48
10 Andruchow, Riley 10 Edmonton Thu 2:24.97

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Girls 800 Meter Run Peewee

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Stadium: # 2:12.99 12/07/2009 Dawn Nagazina, Unattached AB
Meet Record: ! 2:46.98 10/07/2010 Haley Keirstead, Leduc Track
Name Age Team Finals
=====
1 Hastie, Mya 11 Calgary Olym 2:52.37
2 Sinnatamby, Tristan 11 Edmonton Har 2:53.75
3 Wonago, Candace 10 Edmonton Thu 2:58.62
4 Demone, Lindsay 11 Leduc Track 3:00.81
5 Mcculloch, Danae 11 Unattached A 3:10.02
6 Freed, Julianna 11 Edmonton Har 3:10.50
7 Sigfstead, Sadie 8 Edmonton Oly 3:14.90
8 Nebozuk, Aniko 10 Capital City 3:17.58
9 Starosielski, Kaela 9 NEAT 3:17.66

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Girls High Jump Peewee

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Stadium: # 1.71m 10/08/2007 Bergevin, Lindsey, Team Alberta
Meet Record: ! 1.30m 12/07/2009 Kassi McKain, Red Deer Titans
Name Age Team Finals
=====
1 Sinnatamby, Tristan 11 Edmonton Har 1.25m
0.80 0.90 1.00 1.10 1.15 1.20 1.25 1.30
O O O O O O XO XXX
2 Demone, Lindsay 11 Leduc Track 1.15m
0.80 0.90 1.00 1.10 1.15 1.20
O O O XXO XXO XXX
3 Bretzer, Eden 8 Developing Futur 1.00m
0.80 0.90 1.00 1.10
O O O XXX
3 Hastie, Mya 11 Calgary Olym 1.00m
0.80 0.90 1.00 1.10
O O O XXX
3 Mcculloch, Danae 11 Unattached A 1.00m
0.80 0.90 1.00 1.10
O O O XXX
6 Wonago, Candace 10 Edmonton Thu J1.00m
0.80 0.90 1.00 1.10
O O XO XXX
7 Andruchow, Riley 10 Edmonton Thu J1.00m
0.90 1.00 1.10
XO XO XXX
8 Freed, Julianna 11 Edmonton Har 0.90m
0.80 0.90 1.00
O XO XXX
8 Starosielski, Kaela 9 NEAT 0.90m
0.80 0.90 1.00
O XO XXX
8 Nebozuk, Aniko 10 Capital City 0.90m
0.80 0.90 1.00
O XO XXX
11 Sigfstead, Sadie 8 Edmonton Oly 0.80m
0.80 0.90
XXO XXX

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Girls Long Jump Peewee

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Stadium: # 6.25m 11/07/2010 Krysha Bayley, Legacy Athletics
Meet Record: ! 4.32m 11/07/2009 Kassi McKain, Red Deer Titans
Name Age Team Finals Wind
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1	Sinnatamby, Tristan	11	Edmonton Har	3.68m	2.0
	3.43m(1.1) 3.33m(1.9) 3.68m(2.0)				
2	Demone, Lindsay	11	Leduc Track	3.41m	3.2
	3.11m(1.8) 3.20m(1.7) 3.41m(3.2)				
2	Mcculloch, Danae	11	Unattached A	3.41m	2.6
	3.31m(1.3) 3.34m(2.3) 3.41m(2.6)				
4	Hastie, Mya	11	Calgary Olym	3.39m	2.4
	3.33m(1.4) 3.39m(2.4) 3.31m(2.4)				
5	Nebozuk, Aniko	10	Capital City	3.24m	1.9
	3.24m(1.9) 3.10m(3.2) 3.11m(2.5)				
6	Bretzer, Eden	8	Developing Futur	3.13m	1.3
	3.10m(1.4) 2.78m(2.5) 3.13m(1.3)				
7	Freed, Julianna	11	Edmonton Har	3.02m	2.8
	2.58m(2.0) 3.02m(2.8) 2.91m(1.7)				
8	Starosielski, Kaela	9	NEAT	2.89m	3.0
	2.74m(1.5) 2.89m(3.0) 2.80m(2.5)				
9	Sigfstead, Sadie	8	Edmonton Oly	2.10m	1.5
	2.10m(1.5) 1.88m(1.7) 1.80m(3.0)				

Girls Shot Put 2kg Peewee

Stadium: # 7.89m 11/07/2009 Kassi McKain, Red Der Titans					
Meet Record: ! 7.89m 11/07/2009 Kassi McKain, Red Deer titans					
Name	Age	Team	Finals		
1 Mcculloch, Danae	11	Unattached A	7.20m		
			7.17m	7.01m	7.20m
2 Demone, Lindsay	11	Leduc Track	6.06m		
			6.06m	4.26m	5.58m
3 Freed, Julianna	11	Edmonton Har	5.22m		
			5.22m	FOUL	FOUL
4 Sinnatamby, Tristan	11	Edmonton Har	5.10m		
			4.32m	5.10m	4.97m
5 Hastie, Mya	11	Calgary Olym	4.94m		
			4.12m	4.18m	4.94m
6 Wonago, Candace	10	Edmonton Thu	4.10m		
			4.10m	3.48m	3.76m
7 Bretzer, Eden	8	Developing Futur	4.05m		
			4.05m	3.59m	3.99m
8 Nebozuk, Aniko	10	Capital City	3.64m		
			3.62m	3.64m	3.38m
9 Starosielski, Kaela	9	NEAT	3.49m		
			3.49m	3.39m	3.34m
10 Sigfstead, Sadie	8	Edmonton Oly	2.06m		
			1.82m	FOUL	2.06m

Girls Discus Throw 750g Peewee

Meet Record: ! 12.33m 11/07/2010 Danae McCulloch, Unattached AB					
Name	Age	Team	Finals		
1 Demone, Lindsay	11	Leduc Track	14.87m!		
			14.87m	13.34m	13.09m
2 Mcculloch, Danae	11	Unattached A	14.69m!		
			14.69m	13.94m	14.61m
3 Sinnatamby, Tristan	11	Edmonton Har	11.36m		
			11.36m	FOUL	9.64m
4 Freed, Julianna	11	Edmonton Har	10.89m		
			FOUL	10.42m	10.89m

5	Hastie, Mya	11	Calgary Olym	9.25m
	8.26m 8.57m 9.25m			
6	Wonago, Candace	10	Edmonton Thu	9.15m
	8.46m 9.15m 9.15m			
7	Nebozuk, Aniko	10	Capital City	9.09m
	8.25m 5.75m 9.09m			
8	Starosielski, Kaela	9	NEAT	8.67m
	7.72m 8.46m 8.67m			
9	Sigfstead, Sadie	8	Edmonton Oly	4.14m
	FOUL 4.14m FOUL			

Girls 80 Meter Dash Bantam

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Stadium: # 11.26 11/07/2009 Mattea Francis, Edmonton Olympic				
Meet Record: ! 11.26 11/07/2009 Mattea Francis, Edmonton Olympic				
Name	Age	Team	Finals	Wind H#
=====				
1	Best, Brooke	13	Unattached A	10.70! -2.8 1
2	Maisonneuve, Laike	12	Edmonton Har	11.54 -2.8 1
3	Seebach, Samantha	13	Capital City	11.71 NWI 2
4	Demone, Ginelle	13	Leduc Track	12.04 NWI 2
5	Starosielski, Mienna	13	NEAT	12.11 -2.8 1
6	Bretzer, Paityn	12	Developing Futur	12.24 NWI 2
7	Hastie, Emma	13	Calgary Olym	12.32 -2.8 1
8	Svensson, Hanna	12	Caltaf Athle	12.68 -2.8 1
9	Mostowich, Kayla	12	Edmonton Har	13.27 -2.8 1
10	Sigfstead, Sophie	11	Edmonton Oly	13.32 NWI 2
11	Goh, Cheyenne	12	Leduc Track	13.36 -2.8 1
12	Gupta, Shaelyn	13	St. Albert T	13.48 NWI 2
13	Foster, Rhea	13	Caltaf Athle	14.40 NWI 2

Girls 150 Meter Dash Bantam

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Stadium: # 20.84 12/07/2009 Mattea Francis, Edmonton Olympic				
Meet Record: ! 20.84 12/07/2009 Mattea Francis, Edmonton Olympic				
Name	Age	Team	Finals	Wind H#
=====				
1	Maisonneuve, Laike	12	Edmonton Har	21.67 NWI 2
2	Seebach, Samantha	13	Capital City	21.82 -1.4 1
3	Hammond, Hannah	13	Edmonton Har	21.94 NWI 2
4	Starosielski, Mienna	13	NEAT	22.31 NWI 2
5	Demone, Ginelle	13	Leduc Track	22.64 -1.4 1
6	Svensson, Hanna	12	Caltaf Athle	23.50 NWI 2
7	Bretzer, Paityn	12	Developing Futur	23.64 -1.4 1
8	Goh, Cheyenne	12	Leduc Track	23.93 -1.4 1
9	Hastie, Emma	13	Calgary Olym	24.01 NWI 2
10	Mostowich, Kayla	12	Edmonton Har	24.29 -1.4 1
11	Sigfstead, Sophie	11	Edmonton Oly	26.02 NWI 2
12	Foster, Rhea	13	Caltaf Athle	27.00 NWI 2

Girls 600 Meter Run Bantam

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Stadium: # 1:53.68 12/07/2009 Kennedy Newton, St. Albert Track				
Meet Record: ! 1:50.97 11/07/2010 Nikita Case, MacEwan Track				
Name	Age	Team	Finals	
=====				
1	Demone, Ginelle	13	Leduc Track	1:48.54!
2	Sigfstead, Sophie	11	Edmonton Oly	1:50.25!
3	Mostowich, Kayla	12	Edmonton Har	1:52.15#
4	Starosielski, Mienna	13	NEAT	1:52.79#

5 Hastie, Emma	13 Calgary Olym	2:02.72
6 Goh, Cheyenne	12 Leduc Track	2:03.67

Girls 800 Meter Run Bantam

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Stadium: # 2:12.99 12/07/2009 Dawn Nagazina, Unattached AB
Meet Record: ! 2:40.02 10/07/2010 Bailey Troccoli-Hughes, Edmonton Olympic
Name Age Team Finals
=====
1 Demone, Ginelle 13 Leduc Track 2:35.16!
2 Mostowich, Kayla 12 Edmonton Har 2:36.03!
3 Starosielski, Mienna 13 NEAT 2:37.66!
4 Hastie, Emma 13 Calgary Olym 2:55.04
5 Goh, Cheyenne 12 Leduc Track 3:01.91
6 Gupta, Shaelyn 13 St. Albert T 3:14.77
7 Foster, Rhea 13 Caltaf Athle 3:17.28
-- Sigfstead, Sophie 11 Edmonton Oly DNF
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Girls 4x100 Meter Relay Bantam

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Stadium: # 46.03 11/08/2007 AB WCSG Team, Team Alberta
Peart, Nelson, Smith, Laarman
Team Finals
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1 Edmonton Harriers 'A' 59.48
1) Maisonneuve, Laike 12 2) Hammond, Hannah 13
3) Freed, Julianna 11 4) Mostowich, Kayla 12
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Girls High Jump Bantam

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Stadium: # 1.71m 10/08/2007 Bergevin, Lindsey, Team Alberta
Meet Record: ! 1.40m 10/07/2010 Noelle Cakmak, Leduc Track
Name Age Team Finals
=====
1 Starosielski, Mienna 13 NEAT 1.35m
1.20 1.25 1.30 1.35 1.38
O O XXO XXO XXX
2 Seebach, Samantha 13 Capital City 1.30m
1.10 1.20 1.25 1.30 1.35
O O XO O XXX
3 Demone, Ginelle 13 Leduc Track 1.25m
1.00 1.10 1.20 1.25 1.30
O O O O XXX
4 Hammond, Hannah 13 Edmonton Har J1.25m
1.10 1.20 1.25 1.30
O O XXO XXX
5 Hastie, Emma 13 Calgary Olym 1.20m
0.90 1.00 1.10 1.20 1.25
O O O XO XXX
6 Bretzer, Paityn 12 Developing Futur 1.10m
0.90 1.00 1.10 1.20
O O O XXX
6 Mostowich, Kayla 12 Edmonton Har 1.10m
0.90 1.00 1.10 1.20
O O O XXX
8 Goh, Cheyenne 12 Leduc Track J1.10m
0.90 1.00 1.10 1.20
O O XXO XXX
8 Foster, Rhea 13 Caltaf Athle J1.10m
0.90 1.00 1.10 1.20
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O O XXO XXX
 10 Gupta, Shaelyn 13 St. Albert T 0.90m
 0.90 1.00
 O XXX

Girls Long Jump Bantam

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Stadium: # 6.25m 11/07/2010 Krysha Bayley, Legacy Athletics
Meet Record: ! 4.05m 11/07/2010 Luzia Lesniak, MacEwan Track
Name Age Team Finals Wind
=====
1 Starosielski, Mienna 13 NEAT 4.10m 2.5
  4.05m(1.5) 3.88m(1.1) 4.10m(2.5)
2 Demone, Ginelle 13 Leduc Track 4.07m 3.0
  4.06m(1.7) 3.95m(1.6) 4.07m(3.0)
3 Seebach, Samantha 13 Capital City 3.86m 2.5
  3.58m(2.0) 3.86m(2.5) FOUL(3.1)
4 Maisonneuve, Laike 12 Edmonton Har 3.75m 2.7
  3.75m(2.7) 3.66m(1.0) 3.52m(1.9)
4 Svensson, Hanna 12 Caltaf Athle 3.75m 2.4
  3.75m(2.4) 3.62m(2.2) FOUL(3.0)
6 Bretzer, Paityn 12 Developing Futur 3.70m 2.5
  3.58m(2.6) FOUL(3.3) 3.70m(2.5)
7 Hastie, Emma 13 Calgary Olym 3.61m 3.0
  3.44m(2.2) 3.28m(2.0) 3.61m(3.0)
8 Goh, Cheyenne 12 Leduc Track 3.55m 1.5
  3.55m(1.5) FOUL(2.8) 3.41m(1.7)
9 Sigfstead, Sophie 11 Edmonton Oly 3.15m 2.0
  3.15m(2.0) PASS PASS
10 Mostowich, Kayla 12 Edmonton Har 2.99m 2.8
  2.49m(2.7) 2.96m(2.5) 2.99m(2.8)
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Girls Shot Put 3kg Bantam

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Stadium: # 10.09m 10/07/2010 Jovette Jolicoeur, Calgary Spartans
Meet Record: ! 8.03m 12/07/2009 Mattea Francis, Edmonton Olympic
Name Age Team Finals
=====
1 Hammond, Hannah 13 Edmonton Har 7.50m
  7.50m 7.30m 7.46m
2 Svensson, Hanna 12 Caltaf Athle 6.52m
  4.86m 6.52m 6.13m
3 Starosielski, Mienna 13 NEAT 6.41m
  6.07m 6.41m 6.19m
4 Bretzer, Paityn 12 Developing Futur 5.75m
  5.66m 5.31m 5.75m
5 Demone, Ginelle 13 Leduc Track 5.58m
  5.58m FOUL 4.95m
6 Maisonneuve, Laike 12 Edmonton Har 5.56m
  5.10m 5.56m 5.55m
7 Mostowich, Kayla 12 Edmonton Har 5.38m
  5.07m 5.06m 5.38m
8 Foster, Rhea 13 Caltaf Athle 4.98m
  4.48m 4.72m 4.98m
9 Goh, Cheyenne 12 Leduc Track 4.67m
  4.54m 4.34m 4.67m
10 Hastie, Emma 13 Calgary Olym 4.17m
  4.17m 3.89m 3.70m
11 Sigfstead, Sophie 11 Edmonton Oly 3.59m
  3.59m PASS PASS
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Girls Discus Throw 750g Bantam

Meet Record: ! 23.52m 10/07/2010 Madeline Yee, Caltaf			
Name	Age	Team	Finals
1 Demone, Ginelle	13	Leduc Track	18.57m
18.20m 15.28m 18.57m			
2 Starosielski, Mienna	13	NEAT	18.33m
16.79m 15.05m 18.33m			
3 Maisonneuve, Laike	12	Edmonton Har	15.88m
FOUL 15.88m 14.95m			
4 Svensson, Hanna	12	Caltaf Athle	15.34m
12.47m 15.34m 14.21m			
5 Goh, Cheyenne	12	Leduc Track	14.58m
14.13m FOUL 14.58m			
6 Mostowich, Kayla	12	Edmonton Har	11.55m
11.42m FOUL 11.55m			
7 Seebach, Samantha	13	Capital City	11.21m
FOUL FOUL 11.21m			
8 Sigfstead, Sophie	11	Edmonton Oly	10.32m
10.32m 9.97m PASS			
9 Hastie, Emma	13	Calgary Olym	7.39m
FOUL 7.33m 7.39m			

Girls 100 Meter Dash Midget

Stadium: # 11.70 11/07/2009 Winneth Dube, Premiere Track			
Meet Record: ! 12.64 10/07/2010 Morgan Walker, Edmonton Olympic			
Name	Age	Team	Prelims Wind H#
Preliminaries			
1 Wilson, Tegan	14	Calgary Spar	13.50Q -1.6 2
2 Dietrich-Henderson, Anth	15	Caltaf Athle	13.72Q -2.0 1
3 Rosenthal, Hailey	14	Developing Futur	13.80Q -2.3 3
4 Huston, Jordan	15	Red Deer Tit	13.61Q -1.6 2
5 Brose, Maddison	15	Capital City	14.00Q -2.0 1
6 Dewald, Mattison	14	Red Deer Tit	15.32Q -2.3 3
7 Lim, Meghan	14	Caltaf Athle	13.70q -1.6 2
8 Rausch, Quinn	15	Caltaf Athle	13.89q -1.6 2
9 Miller, Alyssa	12	St. Albert T	13.97 -1.6 2
10 Merth, Jenna	14	Split City S	14.11 -1.6 2
11 Svensson, Siri	15	Caltaf Athle	14.31 -2.0 1
12 Anhorn, Caitlyn	14	Split City S	14.52 -1.6 2
13 Gerlitz, Dana	14	Caltaf Athle	14.67 -2.0 1
14 Sinnatamby, Tiana	14	Edmonton Har	14.68 -2.0 1
15 Glover, Anna	14	Caltaf Athle	15.02 -1.6 2
16 Yee, Madelaine	14	Caltaf Athle	15.28 -2.0 1
17 Chromik, Megan	15	St. Albert T	16.49 -2.3 3
-- Smyth, Jacquelyn	15	Medicine Hat	FS -2.0 1

Girls 100 Meter Dash Midget

Stadium: # 11.70 11/07/2009 Winneth Dube, Premiere Track			
Meet Record: ! 12.64 10/07/2010 Morgan Walker, Edmonton Olympic			
Name	Age	Team	Finals Wind
Finals			
1 Rosenthal, Hailey	14	Developing Futur	13.57 -3.9
2 Lim, Meghan	14	Caltaf Athle	13.63 -3.9

3	Wilson, Tegan	14	Calgary Spar	13.78	-3.9
4	Huston, Jordan	15	Red Deer Tit	13.92	-3.9
5	Dietrich-Henderson, Anth	15	Caltaf Athle	14.13	-3.9
6	Rausch, Quinn	15	Caltaf Athle	14.17	-3.9
7	Brose, Maddison	15	Capital City	14.26	-3.9
8	Dewald, Mattison	14	Red Deer Tit	15.37	-3.9
Preliminaries					
9	Miller, Alyssa	12	St. Albert T		
10	Merth, Jenna	14	Split City S		
11	Svensson, Siri	15	Caltaf Athle		
12	Anhorn, Caitlyn	14	Split City S		
13	Gerlitz, Dana	14	Caltaf Athle		
14	Sinnatamby, Tiana	14	Edmonton Har		
15	Glover, Anna	14	Caltaf Athle		
16	Yee, Madelaine	14	Caltaf Athle		
17	Chromik, Megan	15	St. Albert T		
--	Smyth, Jacquelyn	15	Medicine Hat		

Girls 200 Meter Dash Midget

=====					
Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track					
Meet Record: ! 25.46 11/07/2010 Morgan Walker, Edmonton Olympic					
Name Age Team Prelims Wind H#					
=====					
1	Walker, Morgan	15	Edmonton Oly	25.73Q	-2.1 1
2	Wilson, Tegan	14	Calgary Spar	27.37Q	-2.4 3
3	Rosenthal, Hailey	14	Developing Futur	27.37Q	NWI 2
4	Suitor, Chantelle	15	Edmonton Har	27.43q	NWI 2
5	Huston, Jordan	15	Red Deer Tit	27.99q	-2.4 3
6	Pisoni, Tiana	15	Medicine Hat	28.17q	NWI 2
7	Smyth, Jacquelyn	15	Medicine Hat	28.50q	-2.4 3
8	Rausch, Quinn	15	Caltaf Athle	28.52q	-2.4 3
9	Dietrich-Henderson, Anth	15	Caltaf Athle	28.53	NWI 2
10	Miller, Alyssa	12	St. Albert T	28.69	-2.4 3
11	Brose, Maddison	15	Capital City	29.30	-2.1 1
12	Merth, Jenna	14	Split City S	29.35	-2.4 3
13	Svensson, Siri	15	Caltaf Athle	29.41	NWI 2
14	Sinnatamby, Tiana	14	Edmonton Har	29.55	-2.1 1
15	Dewald, Mattison	14	Red Deer Tit	30.56	-2.1 1
16	Glover, Anna	14	Caltaf Athle	30.88	-2.4 3
17	Maddin, Hailey	15	Capital City	31.69	NWI 2
18	Conibear, Delainy	14	Caltaf Athle	31.74	-2.1 1
19	Aguayo, Consuelo	14	Voleo Athlet	32.76	NWI 2
--	Keenan, Helena	15	British Milers C	X29.14	-2.1 1

Girls 200 Meter Dash Midget

=====					
Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track					
Meet Record: ! 25.46 11/07/2010 Morgan Walker, Edmonton Olympic					
Name Age Team Finals Wind					
=====					
Finals					
1	Walker, Morgan	15	Edmonton Oly	24.97!	-1.8
2	Suitor, Chantelle	15	Edmonton Har	26.98	-1.8
3	Rosenthal, Hailey	14	Developing Futur	27.19	-1.8
4	Wilson, Tegan	14	Calgary Spar	27.32	-1.8
5	Huston, Jordan	15	Red Deer Tit	27.63	-1.8
6	Pisoni, Tiana	15	Medicine Hat	27.78	-1.8
7	Smyth, Jacquelyn	15	Medicine Hat	28.27	-1.8
8	Rausch, Quinn	15	Caltaf Athle	28.89	-1.8

Preliminaries

9	Dietrich-Henderson, Anth	15	Caltaf Athle	
10	Miller, Alyssa	12	St. Albert T	
11	Brose, Maddison	15	Capital City	
12	Merth, Jenna	14	Split City S	
13	Svensson, Siri	15	Caltaf Athle	
14	Sinnatamby, Tiana	14	Edmonton Har	
15	Dewald, Mattison	14	Red Deer Tit	
16	Glover, Anna	14	Caltaf Athle	
17	Maddin, Hailey	15	Capital City	
18	Conibear, Delainy	14	Caltaf Athle	
19	Aguayo, Consuelo	14	Voleo Athlet	
--	Keenan, Helena	15	British Milers C	X

Girls 300 Meter Dash Midget

=====				
Stadium: # 42.71 10/07/2010 Allison Stephen, Caltaf				
Meet Record: ! 42.71 10/07/2010 Allison Stephen, Caltaf				
Name	Age	Team	Finals	H#
=====				

Finals

1	Walker, Morgan	15	Edmonton Oly	40.53!	2
2	Suitor, Chantelle	15	Edmonton Har	42.64!	1
3	Dixon, Emma	14	Calgary Spar	43.40	2
4	Setzer, Tristan	14	MAC Track (M	44.58	1
5	Cakmak, Noelle	14	Leduc Track	44.98	2
6	Lesniak, Luiza	14	MAC Track (M	45.78	2
7	Smyth, Jacquelyn	15	Medicine Hat	46.13	2
8	Rausch, Quinn	15	Caltaf Athle	46.50	2
9	Svensson, Siri	15	Caltaf Athle	46.59	2
10	Sinnatamby, Tiana	14	Edmonton Har	48.40	2
11	Baker, Danielle	14	Edmonton Har	48.75	1
12	Oxton, Madison	14	Leduc Track	48.88	1
13	Conibear, Delainy	14	Caltaf Athle	51.34	1
14	Aguayo, Consuelo	14	Voleo Athlet	52.36	1

Girls 800 Meter Run Midget

=====				
Stadium: # 2:12.99 12/07/2009 Dawn Nagazina, Unattached AB				
Meet Record: ! 2:15.37 22/07/2007 Francois, Rachel, Edmonton Harriers				
Name	Age	Team	Finals	
=====				

1	Smallwood, Natasha	15	Leduc Track	2:19.69
2	Leggatt, Hannah	15	Edmonton Har	2:21.11
3	Thorne, Laurin	14	U OF C Athle	2:22.01
4	Dixon, Emma	14	Calgary Spar	2:24.39
5	Martin, Emma	14	Calgary Inte	2:24.79
6	Cakmak, Noelle	14	Leduc Track	2:26.53
7	Fawcett, Krysten	15	MAC Track (M	2:32.94
8	Lesniak, Luiza	14	MAC Track (M	2:33.04
9	Fridman, Lauren	15	Caltaf Athle	2:33.38
10	Setzer, Tristan	14	MAC Track (M	2:33.64
11	Kitt, Nicole	15	NEAT	2:34.20
12	Troccoli-Hughes, Bailey	14	Edmonton Oly	2:35.38
13	Lautner, Christina	14	MAC Track (M	2:36.85
14	Oxton, Madison	14	Leduc Track	2:37.66
15	Fisher, Sinclair	15	Calgary Warr	2:38.95
16	Jessup, Alandra	15	MAC Track (M	2:44.17
17	Baker, Danielle	14	Edmonton Har	2:48.67
18	Glover, Anna	14	Caltaf Athle	2:56.08

-- Keenan, Helena 15 British Milers C X2:24.87

Girls 1200 Meter Run Midget

```
=====
Stadium: # 3:57.69 10/07/2010 Hayley Francois, Edmonton Harriers
Meet Record: ! 3:57.69 10/07/2010 Hayley Francois, Edmonton Harriers
Name Age Team Finals
=====
```

Name	Age	Team	Finals
1 Thorne, Laurin	14	U OF C Athle	4:00.47
2 Lesniak, Luiza	14	MAC Track (M	4:01.38
3 Martin, Emma	14	Calgary Inte	4:05.99
4 Troccoli-Hughes, Bailey	14	Edmonton Oly	4:09.97
5 Oxton, Madison	14	Leduc Track	4:10.25
6 Kitt, Nicole	15	NEAT	4:10.34
7 Fawcett, Krysten	15	MAC Track (M	4:22.08
8 Lautner, Christina	14	MAC Track (M	4:22.77
9 Fisher, Sinclair	15	Calgary Warr	4:26.28
10 Burk, Alexandra	14	Calgary Spar	4:34.38
11 Halwa, Sierra	14	Leduc Track	4:54.95

Girls 2000 Meter Run Midget

```
=====
Stadium: # 4:34.58 11/07/2009 Jessica O'Connell, UCAC
Name Age Team Finals
=====
```

Name	Age	Team	Finals
1 Thorne, Laurin	14	U OF C Athle	7:28.52
2 Simard, Christine	15	Leduc Track	8:11.82
3 Chong, Kendall	15	Caltaf Athle	8:43.21

Girls 80 Meter Hurdles 30" Midget

```
=====
12m to first, 8m between
Stadium: # 13.61 10/07/2010 BJ Freeman, Calgary Spartans
Meet Record: ! 15.59 19/07/2008 Nicola Miller, Edmonton Thunder
Name Age Team Finals Wind
=====
```

Name	Age	Team	Finals	Wind
1 Wilson-Bodnar, Emily	15	Caltaf Athle	13.11#	-3.5
2 Josuttis, Tatjhannah	15	Split City S	13.48#	-3.5
3 Lim, Meghan	14	Caltaf Athle	14.86!	-3.5
4 Mackie, Sam	15	Edmonton Thu	15.65	-3.5
5 Burk, Alexandra	14	Calgary Spar	15.88	-3.5
6 Pick, Kathleen	14	Capital City	16.18	-3.5
7 Donkersgoed, Chelsea	15	Lethbridge T	16.72	-3.5
8 Sinnatamby, Tiana	14	Edmonton Har	17.85	-3.5

Girls 200 Meter Hurdles 30" Midget

```
=====
20m to first, 35m between
Name Age Team Finals Wind
=====
```

Name	Age	Team	Finals	Wind
1 Dixon, Emma	14	Calgary Spar	30.73	-1.6
2 Lim, Meghan	14	Caltaf Athle	31.55	-1.6
3 Burk, Alexandra	14	Calgary Spar	34.40	-1.6
4 Sinnatamby, Tiana	14	Edmonton Har	35.02	-1.6
5 Mackie, Sam	15	Edmonton Thu	36.01	-1.6

Girls 1500 Meter Steeplechase 30" Midget

```
=====
12 barriers, no water
Name Age Team Finals
```

Name	Age	Team	Finals
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```
=====
1 Leggatt, Hannah          15 Edmonton Har      5:24.02
2 Simard, Christine       15 Leduc Track        6:06.09
```

Girls 4x100 Meter Relay Midget

```
=====
Stadium: # 46.03 11/08/2007 AB WCSG Team, Team Alberta
Peart, Nelson, Smith, Laarman
```

```
Team                               Finals
```

```
=====
1 Caltaf Athletic Associat 'A'          55.11
  1) Chong, Kendall 15                2) Svensson, Siri 15
  3) Fridman, Lauren 15              4) Dietrich-Henderson, Antha 15
2 Caltaf Athletic Associat 'B'          55.63
  1) Rausch, Quinn 15                 2) Conibear, Delainy 14
  3) Gerlitz, Dana 14                4) Lim, Meghan 14
3 Capital City Track Club 'A'          56.15
  1) Maddin, Hailey 15                2) Seebach, Samantha 13
  3) Pick, Kathleen 14               4) Brose, Maddison 15
```

Girls 4x400 Meter Relay Midget

```
=====
Stadium: # 3:46.30 11/08/2007 AB WCSG Team, Team Alberta
Peart, Lotwin, Simonson, Nelson
```

```
Team                               Finals
```

```
=====
1 Leduc Track And Field Clu 'A'        4:18.39
-- Caltaf Athletic Associat 'A'        DQ    DQ Rule # 170.14
  1) Svensson, Siri 15                2) Fridman, Lauren 15
  3) Rausch, Quinn 15                 4) Conibear, Delainy 14
```

Girls High Jump Midget

```
=====
Stadium: # 1.71m 10/08/2007 Bergevin, Lindsey, Team Alberta
Meet Record: ! 1.60m 19/07/2008 Niki Oudenaarden, Edmonton Olympic
```

```
Name                               Age Team                               Finals
```

```
=====
1 Josuttas, Tatjhannah          15 Split City S          1.50m
  1.25 1.30 1.35 1.40 1.45 1.50 1.55
  O O O O O O XXX
2 Pisoni, Tiana                  15 Medicine Hat          J1.50m
  1.35 1.40 1.45 1.50 1.55
  O O O XO XXX
3 Donkersgoed, Chelsea           15 Lethbridge T          J1.50m
  1.35 1.40 1.45 1.50 1.55
  O O O XXO XXX
4 Kloot, Sara                    15 Unattached A          1.45m
  1.30 1.35 1.40 1.45 1.50
  O O O XO XXX
4 Wilson-Bodnar, Emily           15 Caltaf Athle          1.45m
  1.35 1.40 1.45 1.50
  O O XO XXX
6 Fridman, Lauren                15 Caltaf Athle          1.35m
  1.25 1.30 1.35 1.40
  O XO O XXX
7 Anhorn, Caitlyn               14 Split City S          J1.35m
  1.15 1.20 1.25 1.30 1.35 1.40
  O O O O XO XXX
8 Cakmak, Noelle                 14 Leduc Track           J1.35m
  1.30 1.35 1.40
```

	O XXO XXX			
9	Pick, Kathleen	14	Capital City	J1.35m
	1.30 1.35 1.40			
	XO XXO XXX			
10	Chong, Kendall	15	Caltaf Athle	1.30m
	1.30 1.35			
	O XXX			
10	Rausch, Quinn	15	Caltaf Athle	1.30m
	1.30 1.35			
	O XXX			
10	Wilson, Tegan	14	Calgary Spar	1.30m
	1.20 1.25 1.30 1.35			
	O O O XXX			
13	Simard, Christine	15	Leduc Track	J1.30m
	1.30 1.35			
	XO XXX			
14	Lim, Meghan	14	Caltaf Athle	1.25m
	1.10 1.15 1.20 1.25 1.30			
	O O XO O XXX			
15	Sinnatamby, Tiana	14	Edmonton Har	J1.25m
	1.10 1.15 1.20 1.25 1.30			
	O O XO XO XXX			
16	Yee, Madelaine	14	Caltaf Athle	1.20m
	1.15 1.20 1.25			
	O O XXX			

Girls Long Jump Midget

=====					
Stadium: # 6.25m 11/07/2010 Krysha Bayley, Legacy Athletics					
Meet Record: ! 5.11m 19/07/2008 Niki Oudenaarden, Edmonton Olympic					
Name	Age	Team	Finals	Wind	
=====					
1	Josuttas, Tatjhannah	15	Split City S	5.14m	3.3
	4.07m(1.4)	4.88m(2.0)	5.14m(3.3)	4.18m(2.0)	4.77m(2.0) 4.78m(1.9)
2	Pisoni, Tiana	15	Medicine Hat	5.02m	2.0
	4.94m(2.2)	5.02m(2.0)	FOUL	4.93m(2.4)	4.90m(1.6) 4.99m(3.0)
3	Wilson, Tegan	14	Calgary Spar	4.90m	1.6
	4.80m(1.7)	4.87m(1.2)	4.31m(3.0)	4.77m(2.0)	4.90m(1.6) 4.87m(2.9)
4	Huston, Jordan	15	Red Deer Tit	4.75m	3.1
	4.75m(3.1)	4.41m(1.8)	4.39m(3.1)	4.38m(1.0)	4.46m(1.6) 4.68m(2.6)
5	Kloot, Sara	15	Unattached A	4.70m	1.7
	4.70m(1.7)	4.68m(3.1)	4.65m(2.7)	4.63m(1.7)	4.08m(1.7) 4.32m(2.0)
6	Dietrich-Henderson, Anth	15	Caltaf Athle	4.55m	1.0
	FOUL	4.32m(1.5)	4.55m(1.0)	4.31m(2.6)	FOUL 4.38m(3.0)
7	Lesniak, Luiza	14	MAC Track (M	4.48m	1.6
	4.48m(1.6)	FOUL	4.37m(3.2)	4.38m(2.7)	4.43m(2.8) 4.45m(2.8)
7	Merth, Jenna	14	Split City S	4.48m	2.4
	4.21m(1.6)	4.17m(1.6)	4.48m(2.4)	3.92m(1.3)	4.20m(1.9) 3.56m(2.3)
9	Donkersgoed, Chelsea	15	Lethbridge T	4.28m	1.3
	FOUL	4.28m(1.3)	3.79m(2.3)	4.11m(2.4)	FOUL
10	Dewald, Mattison	14	Red Deer Tit	4.24m	3.2
	FOUL	4.01m(1.5)	4.24m(3.2)		
11	Anhorn, Caitlyn	14	Split City S	4.23m	2.4
	3.69m(3.4)	4.23m(2.4)	3.98m(3.9)		
12	Svensson, Siri	15	Caltaf Athle	4.18m	1.4
	4.18m(1.4)	FOUL	3.85m(1.7)		
13	Helliker, Mallory	15	Edmonton Thu	4.14m	4.0
	3.90m(2.7)	4.10m(1.8)	4.14m(4.0)		
14	Laramee, Jocelyn	14	NEAT	4.02m	2.3
	4.02m(2.3)	3.85m(1.8)	FOUL		

15	Rausch, Quinn	15 Caltaf Athle	4.00m	1.7
	4.00m(1.7) 3.90m(1.9) 3.41m(3.7)			
16	Lim, Meghan	14 Caltaf Athle	3.73m	2.6
	3.63m(2.3) 2.71m(2.2) 3.73m(2.6)			
17	Sinnatamby, Tiana	14 Edmonton Har	3.66m	3.3
	3.38m(2.8) 3.61m(1.0) 3.66m(3.3)			
18	Chromik, Megan	15 St. Albert T	3.55m	1.5
	3.35m(2.0) 3.48m(1.3) 3.55m(1.5)			
19	Birch, Lauren	14 St. Albert T	3.16m	3.4
	2.43m(1.7) 2.83m(1.0) 3.16m(3.4)			

Girls Triple Jump Midget

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=====
Stadium: # 12.22m 22/07/2007 Richard, Camille, Team BC
Meet Record: ! 10.60m 22/07/2007 Walkeden, Leah, Edmonton Harriers
Name Age Team Finals Wind
=====
1 Pisoni, Tiana 15 Medicine Hat 10.92m 3.6
10.92m(3.6) FOUL 10.87m(2.1) 10.88m(2.8) 10.45m(3.1) 10.17m(2.6)
2 Huston, Jordan 15 Red Deer Tit 10.44m 2.7
FOUL 9.82m(1.8) 10.04m(2.1) 9.46m(2.8) 9.72m(2.4) 10.44m(2.7)
3 Josuttas, Tatjhannah 15 Split City S 10.10m 2.2
PASS 9.71m(2.5) 9.95m(2.4) 9.65m(2.0) 9.83m(2.4) 10.10m(2.2)
4 Dietrich-Henderson, Anth 15 Caltaf Athle 10.08m 6.0
10.01m(2.6) 10.08m(6.0) 9.76m(4.9) 9.99m(3.9) 9.85m(2.9) 10.03m(3.4)
5 Kloot, Sara 15 Unattached A 10.02m 3.2
9.96m(4.8) 10.01m(3.6) 10.02m(3.2) 9.91m(2.1) 9.95m(1.4) 9.63m(3.2)
6 Merth, Jenna 14 Split City S 9.51m 3.2
9.43m(3.6) 9.48m(4.2) 9.31m(2.0) 9.27m(3.0) 9.51m(3.2) 9.50m(5.2)
7 Helliker, Mallory 15 Edmonton Thu 9.13m 4.8
9.13m(4.8) FOUL 8.99m(1.9) 7.96m(2.8) 8.65m(3.7) FOUL(2.7)
8 Anhorn, Caitlyn 14 Split City S 9.08m 4.0
9.08m(4.0) 8.90m(2.8) 8.81m(2.0) 9.01m(NWI) 8.55m(1.5) FOUL(3.5)
9 Pick, Kathleen 14 Capital City 8.98m 4.6
8.98m(4.6) 8.97m(2.4) 8.70m(2.1)
10 Laramee, Jocelyn 14 NEAT 8.81m 2.8
FOUL FOUL 8.81m(2.8)
11 Kitt, Nicole 15 NEAT 8.06m 3.4
FOUL 8.06m(3.4) FOUL
=====

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Girls Shot Put 3kg Midget

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=====
Stadium: # 10.09m 10/07/2010 Jovette Jolicoeur, Calgary Spartans
Meet Record: ! 11.65m 20/07/2008 Leah Walkeden, Edmonton Harriers
Name Age Team Finals
=====
1 Svensson, Siri 15 Caltaf Athle 9.63m
8.91m 8.91m 9.63m 9.63m
2 Yee, Madelaine 14 Caltaf Athle 8.70m
FOUL 8.55m 8.70m 7.97m 8.53m 8.52m
3 Burk, Alexandra 14 Calgary Spar 8.33m
7.65m FOUL 8.33m 7.67m 8.28m 7.76m
4 Miller, Alyssa 12 St. Albert T 8.08m
FOUL 7.38m 8.08m FOUL 6.48m 7.74m
5 Gerlitz, Dana 14 Caltaf Athle 7.93m
7.57m 7.53m 7.43m 6.88m 7.01m 7.93m
6 Anhorn, Caitlyn 14 Split City S 7.84m
7.32m 6.54m 7.84m 6.24m 6.98m 6.20m
7 Laramee, Jocelyn 14 NEAT 7.49m
6.90m 6.99m 7.19m 7.13m 7.49m 6.66m
=====

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8 Dewald, Mattison	14 Red Deer Tit	7.38m
6.12m 7.02m 6.08m 6.33m 5.86m 7.38m		
9 Sinnatamby, Tiana	14 Edmonton Har	6.29m
6.10m 5.90m 6.29m		
10 Chromik, Nikki	15 St. Albert T	5.15m
4.29m 4.31m 5.15m		

Girls Discus Throw 1kg Midget

=====			
Stadium: #	25.52m	20/07/2008	Niki Oudenaarden, Edmonton Olympic
Meet Record: !	25.52m	20/07/2008	Niki Oudenaarden, Edmonton Olympic
Name	Age	Team	Finals
=====			
1 Svensson, Siri	15	Caltaf Athle	25.21m
21.86m 22.32m 24.75m 25.21m 24.35m			
2 Yee, Madelaine	14	Caltaf Athle	23.99m
FOUL FOUL 23.99m 22.80m FOUL FOUL			
3 Gerlitz, Dana	14	Caltaf Athle	22.63m
22.63m 21.38m 16.75m 21.92m 19.58m 21.88m			
4 Laramee, Jocelyn	14	NEAT	21.93m
18.76m 21.93m 21.59m 21.54m 21.25m FOUL			
5 Burk, Alexandra	14	Calgary Spar	19.93m
16.10m FOUL 17.65m 19.93m 17.92m 19.34m			
6 Miller, Alyssa	12	St. Albert T	16.38m
FOUL 14.76m 16.38m 15.44m 15.00m 15.69m			
7 Birch, Lauren	14	St. Albert T	14.56m
13.80m 14.56m 13.87m 13.74m 13.70m FOUL			
8 Sinnatamby, Tiana	14	Edmonton Har	13.73m
12.50m 11.96m 13.73m 12.89m FOUL 12.73m			
9 Chromik, Nikki	15	St. Albert T	10.69m
10.53m 10.69m 9.15m			

Girls Hammer Throw 3kg Midget

=====			
Name	Age	Team	Finals
=====			
1 Yee, Madelaine	14	Caltaf Athle	35.05m
28.75m 31.88m 34.06m 35.05m 34.64m 34.83m			
2 Rausch, Quinn	15	Caltaf Athle	18.43m
FOUL 16.54m 15.01m FOUL FOUL 18.43m			
3 Gerlitz, Dana	14	Caltaf Athle	16.01m
16.01m 15.83m 15.12m 15.07m 12.91m 12.48m			
4 Dewald, Mattison	14	Red Deer Tit	14.39m
PASS FOUL 13.29m 12.55m 11.58m 14.39m			

Girls Javelin Throw 600g Midget

=====			
Stadium: #	47.79m	11/07/2010	Deanna Zelinka, Unattached ON
Meet Record: !	35.08m	19/07/2008	Niki Oudenaarden, Edmonton Olympic
Name	Age	Team	Finals
=====			
1 Fridman, Lauren	15	Caltaf Athle	27.00m
24.12m 27.00m FOUL 24.79m FOUL 24.02m			
2 Laramee, Jocelyn	14	NEAT	25.27m
21.93m FOUL 24.06m 24.38m FOUL 25.27m			
3 Gerlitz, Dana	14	Caltaf Athle	24.76m
FOUL 23.85m 24.76m FOUL 23.31m 23.02m			
4 Svensson, Siri	15	Caltaf Athle	19.63m
FOUL 19.63m FOUL 18.13m FOUL FOUL			
5 Burk, Alexandra	14	Calgary Spar	17.70m

	PASS	PASS	15.19m	15.27m	17.70m	FOUL	
6	Miller, Alyssa			12	St. Albert	T	17.37m
		15.52m	14.33m	17.37m	FOUL	14.38m	15.40m
7	Birch, Lauren			14	St. Albert	T	16.26m
		FOUL	15.43m	15.86m	16.26m	15.87m	14.50m
8	Chromik, Nikki			15	St. Albert	T	9.21m
		FOUL	9.07m	9.21m	7.56m	6.61m	7.61m
9	Chromik, Megan			15	St. Albert	T	7.76m
		6.96m	7.76m	5.47m			
--	Yee, Madelaine			14	Caltaf Athle		FOUL
		FOUL	FOUL	FOUL			

Women 100 Meter Dash Youth

=====							
Stadium: # 11.70 11/07/2009 Winneth Dube, Premiere Track							
Meet Record: ! 12.24 10/07/2010 Isatu Fofanah, Edmonton Thunder							
	Name		Age	Team		Prelims	Wind H#
=====							
Preliminaries							
1	Spear Chief-Morris, Joy		17	Lethbridge T		12.83Q	-3.1 1
2	Martin, Katrina		17	Capital City		12.84Q	-2.6 3
3	Hazen, Melissa		17	Caltaf Athle		13.82Q	-3.2 2
4	Hughes, Sarah		17	Caltaf Athle		13.20Q	-3.1 1
5	Mebude, Deborah		16	Calgary Inte		13.43Q	-2.6 3
6	Gillespie, Robyn		16	Capital City		14.13Q	-3.2 2
7	MACKAY, Megan		17	Calgary Warr		13.47q	-2.6 3
8	Akinsanya, Katrina		16	Calgary Inte		13.69q	-2.6 3
9	MACDONALD, Lindsey		16	NEAT		13.85	-3.1 1
10	Kalmakoff, Jessica		16	Caltaf Athle		13.98	-2.6 3
11	Lucas, Hayley		16	NEAT		14.31	-3.1 1
12	Turner, Breanna		16	Calgary Spar		14.48	-3.1 1
13	Allen, Candace		17	Edmonton Oly		14.48	-3.1 1
14	Seebach, Madison		16	Capital City		14.50	-3.2 2
15	Maylan, Ashley		16	U OF C Athle		14.54	-3.1 1
16	Donkersgoed, Megan		16	Lethbridge T		15.10	-3.2 2
17	Carriere, Joelle		16	Voleo Athlet		15.58	-3.2 2

Women 100 Meter Dash Youth

=====							
Stadium: # 11.70 11/07/2009 Winneth Dube, Premiere Track							
Meet Record: ! 12.24 10/07/2010 Isatu Fofanah, Edmonton Thunder							
	Name		Age	Team		Finals	Wind
=====							
Finals							
1	Spear Chief-Morris, Joy		17	Lethbridge T		12.72	-2.3
2	Martin, Katrina		17	Capital City		12.77	-2.3
3	Hughes, Sarah		17	Caltaf Athle		13.19	-2.3
4	Hazen, Melissa		17	Caltaf Athle		13.44	-2.3
5	MACKAY, Megan		17	Calgary Warr		13.45	-2.3
6	Akinsanya, Katrina		16	Calgary Inte		13.48	-2.3
7	Mebude, Deborah		16	Calgary Inte		13.64	-2.3
8	Gillespie, Robyn		16	Capital City		13.75	-2.3
Preliminaries							
9	MACDONALD, Lindsey		16	NEAT			
10	Kalmakoff, Jessica		16	Caltaf Athle			
11	Lucas, Hayley		16	NEAT			
12	Turner, Breanna		16	Calgary Spar			
13	Allen, Candace		17	Edmonton Oly			
14	Seebach, Madison		16	Capital City			
15	Maylan, Ashley		16	U OF C Athle			

16 Donkersgoed, Megan 16 Lethbridge T
 17 Carriere, Joelle 16 Voleo Athlet

Women 200 Meter Dash Youth

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=====
Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track
Meet Record: ! 24.64 11/07/2010 Isatu Fofanah, Edmonton Thunder
Name                   Age Team                   Prelims   Wind H#
=====
```

Name	Age	Team	Prelims	Wind	H#
1 Pless, Shamelle	17	Edmonton Har	25.72Q	-2.3	3
2 Spear Chief-Morris, Joy	17	Lethbridge T	26.26Q	-3.8	1
3 Hrycun, Alexa	17	Edmonton Har	26.58Q	-2.9	2
4 Martin, Katrina	17	Capital City	26.50Q	-2.3	3
5 Hirst, Ellie	16	Caltaf Athle	26.73Q	-2.9	2
6 Ryan, Nichelle	16	U OF C Athle	27.39Q	-3.8	1
7 Hughes, Sarah	17	Caltaf Athle	26.70q	-2.3	3
8 Akinsanya, Katrina	16	Calgary Inte	26.96q	-2.9	2
9 Sharman, Laura	16	Calgary Warr	27.80	-2.9	2
10 Kalmakoff, Jessica	16	Caltaf Athle	28.23	-2.3	3
11 MACDONALD, Lindsey	16	NEAT	28.29	-2.9	2
12 Gillespie, Robyn	16	Capital City	28.45	-3.8	1
13 Turner, Breanna	16	Calgary Spar	28.63	-3.8	1
14 Bryant, Rachel	16	Unattached A	28.77	-3.8	1
15 Galey, Jasmine	16	Caltaf Athle	28.78	-3.8	1
16 Allen, Candace	17	Edmonton Oly	29.13	-2.9	2
17 Seebach, Madison	16	Capital City	29.20	-2.9	2
18 Taylor, Jordan	16	Leduc Track	29.89	-2.3	3
19 Carriere, Joelle	16	Voleo Athlet	31.48	-3.8	1

Women 200 Meter Dash Youth

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=====
Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track
Meet Record: ! 24.64 11/07/2010 Isatu Fofanah, Edmonton Thunder
Name                   Age Team                   Finals   Wind
=====
```

Finals

Name	Age	Team	Finals	Wind
1 Pless, Shamelle	17	Edmonton Har	25.26	-2.3
2 Spear Chief-Morris, Joy	17	Lethbridge T	26.04	-2.3
3 Hirst, Ellie	16	Caltaf Athle	26.37	-2.3
4 Hughes, Sarah	17	Caltaf Athle	26.59	-2.3
5 Hrycun, Alexa	17	Edmonton Har	26.61	-2.3
6 Akinsanya, Katrina	16	Calgary Inte	26.75	-2.3
7 Ryan, Nichelle	16	U OF C Athle	27.13	-2.3

Preliminaries

Name	Age	Team
4 Martin, Katrina	17	Capital City
9 Sharman, Laura	16	Calgary Warr
10 Kalmakoff, Jessica	16	Caltaf Athle
11 MACDONALD, Lindsey	16	NEAT
12 Gillespie, Robyn	16	Capital City
13 Turner, Breanna	16	Calgary Spar
14 Bryant, Rachel	16	Unattached A
15 Galey, Jasmine	16	Caltaf Athle
16 Allen, Candace	17	Edmonton Oly
17 Seebach, Madison	16	Capital City
18 Taylor, Jordan	16	Leduc Track
19 Carriere, Joelle	16	Voleo Athlet

Women 400 Meter Dash Youth

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=====
Stadium: # 55.67 09/08/2007 Johnson, Alyssa, Team Manitoba
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Meet Record: ! 58.28 10/07/2010 Daniella Conflero, Edmonton Olympic

Name	Age Team	Finals	H#
=====			
Finals			
1 Hirst, Ellie	16 Caltaf Athle	58.15!	2
2 Hrycun, Alexa	17 Edmonton Har	58.97	2
3 Sherman, Sierra	16 Calgary Spar	1:00.59	2
4 Devolin, Alanna	17 U OF C Athle	1:01.98	2
5 Bryant, Rachel	16 Unattached A	1:02.01	2
6 Krill, Sydney	16 Calgary Warr	1:02.73	2
7 Avila, Melissa	16 Calgary Spar	1:03.98	2
8 Pinkoski, Megan	17 MAC Track (M	1:04.10	1
9 Galey, Jasmine	16 Caltaf Athle	1:04.18	1
10 Sallis, Bailey	16 MAC Track (M	1:05.24	1
11 Taylor, Jordan	16 Leduc Track	1:07.37	1
12 Mercier, Hilary	17 St. Albert T	1:08.95	1

Women 800 Meter Run Youth

Name	Age Team	Finals
=====		
Stadium: # 2:12.99 12/07/2009 Dawn Nagazina, Unattached AB		
Meet Record: ! 2:20.76 22/07/2007 Trenholm, Stephanie, Team BC		
Name	Age Team	Finals
=====		
1 Erdman, Adrienne	17 Caltaf Athle	2:18.78!
2 Dirk, Ariana	17 U OF C Athle	2:19.23!
3 Francois, Hayley	16 Edmonton Har	2:20.18!
4 Carlin, Taylor	17 MAC Track (M	2:20.34!
5 Trofimenkoff, Vanessa	17 MAC Track (M	2:24.48
6 Devolin, Alanna	17 U OF C Athle	2:25.03
7 Avila, Melissa	16 Calgary Spar	2:25.43
8 Sherman, Sierra	16 Calgary Spar	2:27.39
9 Campbell, Katelyn	16 Caltaf Athle	2:28.20
10 Sallis, Bailey	16 MAC Track (M	2:31.18
11 Krill, Sydney	16 Calgary Warr	2:38.24
12 Mercier, Hilary	17 St. Albert T	2:40.15

Women 1500 Meter Run Youth

Name	Age Team	Finals
=====		
Stadium: # 4:34.58 11/07/2009 Jessica O'Connell, UCAC		
Meet Record: ! 4:50.85 19/07/2008 Nicole Soderberg, Edmonton Thunder		
Name	Age Team	Finals
=====		
1 Francois, Hayley	16 Edmonton Har	4:58.07
2 Carlin, Taylor	17 MAC Track (M	4:58.38
3 Trofimenkoff, Vanessa	17 MAC Track (M	5:02.38
4 Dirk, Ariana	17 U OF C Athle	5:11.09
5 Wasylycia, Dana	17 U OF C Athle	5:11.95
6 Pinkoski, Megan	17 MAC Track (M	5:37.84
7 Campbell, Katelyn	16 Caltaf Athle	5:38.59
-- Keenan, Helena	15 British Milers C	X5:03.46

Women 3000 Meter Run Youth

Name	Age Team	Finals
=====		
Stadium: # 9:47.59 11/08/2007 Schaaf, Kendra, Team Saskatchewan		
Meet Record: ! 12:31.42 11/07/2010 Alanna Gagne, Neat		
Name	Age Team	Finals
=====		
1 Carlin, Taylor	17 MAC Track (M	10:56.42!
2 Trofimenkoff, Vanessa	17 MAC Track (M	11:27.09!
3 Wasylycia, Dana	17 U OF C Athle	11:29.81!

Women 100 Meter Hurdles 30" Youth

```

=====
13m to first, 8.5m between
  Stadium: # 14.69  19/07/2008  Jill MacEachen, Calgary Warriors
Meet Record: ! 14.69  19/07/2008  Jill MacEachen, Calgary Warriors
  Name                Age Team                Prelims  Wind H#
=====
Preliminaries
  1 Hrycun, Alexa      17 Edmonton Har        14.90Q -3.1  2
  2 Charlesworth, Nicky 17 Caltaf Athle        14.97Q -4.3  1
  3 Morrison, Deshaunda 16 Caltaf Athle        15.09Q -4.3  1
  4 Mebude, Deborah    16 Calgary Inte        15.62Q -3.1  2
  5 Sharman, Laura     16 Calgary Warr        16.52Q -3.1  2
  6 Meeuwisse, Kelly Ann 17 U OF C Athle        16.97Q -4.3  1
  7 Ratzlaff, Brooklynn 16 St. Albert T        19.68q -3.1  2
  8 Maylan, Ashley     16 U OF C Athle        19.78q -4.3  1
  9 Mercier, Hilary    17 St. Albert T        20.09  -4.3  1

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Women 100 Meter Hurdles 30" Youth

```

=====
13m to first, 8.5m between
  Stadium: # 14.69  19/07/2008  Jill MacEachen, Calgary Warriors
Meet Record: ! 14.69  19/07/2008  Jill MacEachen, Calgary Warriors
  Name                Age Team                Finals  Wind
=====
Finals
  1 Hrycun, Alexa      17 Edmonton Har        14.54! -1.8
  2 Morrison, Deshaunda 16 Caltaf Athle        14.65! -1.8
  3 Charlesworth, Nicky 17 Caltaf Athle        14.69! -1.8
  4 Mebude, Deborah    16 Calgary Inte        15.41  -1.8
  5 Sharman, Laura     16 Calgary Warr        15.83  -1.8
  6 Meeuwisse, Kelly Ann 17 U OF C Athle        16.87  -1.8
  7 Maylan, Ashley     16 U OF C Athle        17.25  -1.8
Preliminaries
  7 Ratzlaff, Brooklynn 16 St. Albert T
  9 Mercier, Hilary    17 St. Albert T

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Women 300 Meter Hurdles 30" Youth

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=====
50m to first, 35m between
  Name                Age Team                Finals
=====
Finals
  1 Hrycun, Alexa      17 Edmonton Har        43.62
  2 Morrison, Deshaunda 16 Caltaf Athle        46.09
  3 Meeuwisse, Kelly Ann 17 U OF C Athle        50.34
  4 Galey, Jasmine     16 Caltaf Athle        50.58
  5 Taylor, Jordan      16 Leduc Track         52.90

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Women 2000 Meter Steeplechase 30" Youth

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=====
18 barriers, 5 water jumps
  Stadium: # 7:12.17  11/07/2009  Holly Stockall, Caltaf
  Name                Age Team                Finals
=====
  1 Erdman, Adrienne    17 Caltaf Athle        7:24.93
  2 Puznak, Kirsten     17 Edmonton Har        7:57.56

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Women 4x100 Meter Relay Youth

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=====
Stadium: # 46.03 11/08/2007 AB WCSG Team, Team Alberta
Peart, Nelson, Smith, Laarman
Meet Record: ! 53.49 11/07/2009 Calgary Spartans, Calgary Spartans
M Cosman, K Hunerfauth, E Roth, A Shokoya
Team Finals
=====
1 Caltaf Athletic Associat 'A' 49.32!
  1) Hughes, Sarah 17 2) Hirst, Ellie 16
  3) Morrison, Deshaunda 16 4) Charlesworth, Nicky 17
2 Capital City Track Club 'A' 50.99!
  1) Von Rennenkampff, Maya 17 2) Gillespie, Robyn 16
  3) Seebach, Madison 16 4) Martin, Katrina 17
3 Calgary International 'A' 51.06!
  1) Martin, Emma 14 2) Mebude, Deborah 16
  3) Akinsanya, Katrina 16 4) Watson, Sage 17
4 Calgary Spartans 'A' 52.29!
  1) Sherman, Sierra 16 2) Dixon, Emma 14
  3) Avila, Melissa 16 4) Wilson, Tegan 14
5 U OF C Athletics Club 'A' 52.39!

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Women 4x400 Meter Relay Youth

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=====
Stadium: # 3:46.30 11/08/2007 AB WCSG Team, Team Alberta
Peart, Lotwin, Simonson, Nelson
Team Finals
=====
1 Caltaf Athletic Associat 'A' 4:10.06
  1) Erdman, Adrienne 17 2) Galey, Jasmine 16
  3) Hughes, Sarah 17 4) Hirst, Ellie 16

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Women High Jump Youth

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=====
Stadium: # 1.71m 10/08/2007 Bergevin, Lindsey, Team Alberta
Meet Record: ! 1.65m 10/07/2010 Nicola Charlesworth, Caltaf
Name Age Team Finals
=====
1 Charlesworth, Nicky 17 Caltaf Athle 1.60m
  1.50 1.55 1.60 1.65
  XO O O XXX
2 Donkersgoed, Megan 16 Lethbridge T 1.55m
  1.40 1.45 1.50 1.55 1.60
  O O O O XXX
3 MACDONALD, Lindsey 16 NEAT 1.45m
  1.40 1.45 1.50
  O O XXX
-- Lucas, Hayley 16 NEAT NH
  1.40
  XXX

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Women Pole Vault Youth

```

=====
Stadium: # 3.85m 20/07/2008 Sue Kupper, Edmonton International
Name Age Team Finals
=====
1 Meeuwisse, Kelly Ann 17 U OF C Athle 2.90m
  2.50 2.70 2.90 3.00
  O O XXO XXX

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Women Long Jump Youth

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=====
Stadium: # 6.25m 11/07/2010 Krysha Bayley, Legacy Athletics
Meet Record: ! 5.14m 21/07/2007 Branford, Iesha, U of C Athletics Club
Name Age Team Finals Wind
=====
1 Von Rennenkampff, Maya 17 Capital City 5.17m 2.3
  5.17m(2.3) 4.89m(1.9) 5.05m(2.4) 4.91m(1.4) 4.88m(1.8) 4.53m(2.6)
2 Hazen, Melissa 17 Caltaf Athle 5.07m 2.4
  4.86m(2.8) 5.03m(2.8) 5.07m(2.4) 5.06m(1.6) FOUL 4.94m(1.9)
3 MACDONALD, Lindsey 16 NEAT 5.02m 1.7
  5.02m(1.7) FOUL 2.98m(4.5) FOUL 4.72m(2.0) 4.70m(3.4)
4 Sharman, Laura 16 Calgary Warr J5.02m 1.8
  5.02m(1.8) 4.25m(1.6) 4.21m(2.1) FOUL(1.7) 4.10m(3.0) FOUL(1.9)
5 Lucas, Hayley 16 NEAT 4.52m 3.5
  4.32m(2.7) 4.40m(2.8) 4.52m(3.5) 4.51m(3.6) 4.40m(1.9) PASS
6 Donkersgoed, Megan 16 Lethbridge T 4.05m 2.1
  3.76m(2.3) 3.77m(2.2) 3.81m(1.8) 4.05m(2.1) 3.97m(1.9) 3.90m(3.6)
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Women Triple Jump Youth

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=====
Stadium: # 12.22m 22/07/2007 Richard, Camille, Team BC
Meet Record: ! 10.32m 22/07/2007 Fridfinnson, Kristjana, U of C Athletics Cl
Name Age Team Finals Wind
=====
1 Von Rennenkampff, Maya 17 Capital City 11.39m! 1.6
  11.22m(4.1) 11.39m(1.6) 11.14m(1.7) 11.37m(2.9) 10.98m(3.3) 11.08m(2.2)
2 Hazen, Melissa 17 Caltaf Athle 10.96m 2.2
  10.88m(2.9) 10.96m(2.2) FOUL FOUL PASS FOUL
3 Bryant, Rachel 16 Unattached A 9.54m 2.7
  FOUL 9.54m(2.7) 9.45m(2.6) 8.83m(2.2) 8.66m(1.8) 9.22m(2.3)
4 Ratzlaff, Brooklynn 16 St. Albert T 9.35m 3.2
  FOUL FOUL 9.35m(3.2) 9.33m(2.2) 9.14m(2.1) FOUL
=====

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Women Shot Put 4kg Youth

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=====
Stadium: # 12.96m 11/08/2007 Revoy, Chelsey, Team Saskatchewan
Name Age Team Finals
=====
1 Langley, Jodi 17 U OF C Athle 9.98m
  9.64m 9.98m 9.67m FOUL FOUL 9.48m
2 Kinley, Grace 16 NEAT 8.81m
  7.44m 8.26m 8.81m 8.00m 7.97m 8.21m
=====

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Women Discus Throw 1kg Youth

```

=====
Stadium: # 53.33m 11/07/2010 Neelam Dogra, Unattached AB
Meet Record: ! 29.89m 20/07/2008 Ciera Heska-Wolf, Edmonton Harriers
Name Age Team Finals
=====
1 Langley, Jodi 17 U OF C Athle 34.52m!
  33.97m 34.27m 34.52m FOUL FOUL 33.08m
2 Kinley, Grace 16 NEAT 25.96m
  24.61m 23.49m 22.68m 25.49m 25.89m 25.96m
3 Biggar, Ashley 16 St. Albert T 20.68m
  20.68m FOUL 18.92m 18.85m 18.82m FOUL
4 Seebach, Madison 16 Capital City 19.02m
  FOUL 15.94m 18.25m 19.02m FOUL 16.38m
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Women Hammer Throw 4kg Youth

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=====
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Stadium: # 58.99m 11/07/2009 Heather Stacey, Chinook Track
 Meet Record: ! 32.55m 19/07/2008 Ciera Heska-Wolf, Edmonton Harriers

Name	Age	Team	Finals
1 Kinley, Grace	16	NEAT	19.54m
17.42m 18.43m FOUL 19.54m 17.26m 17.55m			

Women Javelin Throw 600g Youth

Stadium: # 47.79m 11/07/2010 Deanna Zelinka, Unattached ON

Name	Age	Team	Finals
1 Biggar, Ashley	16	St. Albert T	27.38m
27.38m 23.60m 23.51m 21.88m 23.05m 24.69m			
2 Lucas, Hayley	16	NEAT	22.10m
FOUL 19.00m 20.99m 19.63m 22.10m 18.14m			

Women 100 Meter Dash Junior

Stadium: # 11.70 11/07/2009 Winneth Dube, Premiere Track
 Meet Record: ! 12.75 10/07/2010 Lacey Miller, Lethbridge Track

Name	Age	Team	Finals	Wind
1 Fofanah, Isatu	18	Edmonton Thu	12.37!	-1.9
2 Ntiamoah, Amanda	19	Edmonton Har	12.87	-1.9
3 Bauer, Nicole	18	Calgary Olym	13.44	-1.9
4 Doerksen, Lynn	18	Medicine Hat	13.62	-1.9
5 Hunerfauth, Katelyn	18	Calgary Spar	14.42	-1.9

Women 200 Meter Dash Junior

Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track
 Meet Record: ! 24.38 12/07/2009 Karlene Hurrel, Capital City

Name	Age	Team	Prelims	Wind	H#
Preliminaries					
1 Clarke, Stephanie	18	Edmonton Oly	25.87Q	-3.4	2
2 Ntiamoah, Amanda	19	Edmonton Har	26.44Q	-1.1	1
3 Lemphers, Tayllor	18	Capital City	26.69Q	-3.4	2
4 Bauer, Nicole	18	Calgary Olym	28.18Q	-1.1	1
5 Doerksen, Lynn	18	Medicine Hat	28.20Q	-3.4	2
6 Giannelia, Alexis	18	U OF C Athle	29.07Q	-1.1	1
7 Hunerfauth, Katelyn	18	Calgary Spar	29.35q	-3.4	2
8 Yee, Rachel	19	Caltaf Athle	30.09q	-3.4	2
9 McCurdy, Renee	18	Calgary Spar	30.74	-1.1	1

Women 200 Meter Dash Junior

Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track
 Meet Record: ! 24.38 12/07/2009 Karlene Hurrel, Capital City

Name	Age	Team	Finals	Wind
Finals				
1 Clarke, Stephanie	18	Edmonton Oly	25.67	-2.2
2 Lemphers, Tayllor	18	Capital City	25.99	-2.2
3 Ntiamoah, Amanda	19	Edmonton Har	26.10	-2.2
4 Bauer, Nicole	18	Calgary Olym	26.14	-2.2
5 Doerksen, Lynn	18	Medicine Hat	28.25	-2.2
6 Giannelia, Alexis	18	U OF C Athle	28.84	-2.2
7 Yee, Rachel	19	Caltaf Athle	29.36	-2.2

8 Hunerfauth, Katelyn 18 Calgary Spar 29.41 -2.2
 Preliminaries
 9 McCurdy, Renee 18 Calgary Spar

Women 400 Meter Dash Junior

=====

Stadium: # 55.67 09/08/2007 Johnson, Alyssa, Team Manitoba
 Meet Record: ! 56.25 10/07/2010 Rachel Francois, Edmonton Harriers

Name	Age	Team	Finals	H#
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=====

Finals

1 Walkeden, Leah	18	Voleo Athlet	56.51	2
2 Westaway, Jenna	17	Calgary Inte	57.16	2
3 Bauer, Nicole	18	Calgary Olym	57.68	2
4 Clarke, Stephanie	18	Edmonton Oly	58.54	2
5 Lemphers, Tayllor	18	Capital City	58.94	2
6 Clonfero, Daniella	18	Edmonton Oly	1:00.24	2
7 Giannelia, Alexis	18	U OF C Athle	1:03.86	1
8 Yee, Rachel	19	Caltaf Athle	1:06.14	1
9 McCurdy, Renee	18	Calgary Spar	1:09.99	1

Women 800 Meter Run Junior

=====

Stadium: # 2:12.99 12/07/2009 Dawn Nagazina, Unattached AB
 Meet Record: ! 2:15.85 11/07/2010 Nicole Soderberg, Edmonton Thunder

Name	Age	Team	Finals
------	-----	------	--------

=====

1 Westaway, Jenna	17	Calgary Inte	2:10.20#
2 Bauer, Nicole	18	Calgary Olym	2:14.26!
3 Anderson, Evelyn	18	Calgary Spar	2:20.72
4 Ciesielski, Maegan	18	Edmonton Roy	2:26.25
5 Huang, Katie	19	Caltaf Athle	2:29.35

Women 1500 Meter Run Junior

=====

Stadium: # 4:34.58 11/07/2009 Jessica O'Connell, UCAC
 Meet Record: ! 4:50.93 10/07/2010 Nicole Soderberg, Edmonton Thunder

Name	Age	Team	Finals
------	-----	------	--------

=====

1 Anderson, Evelyn	18	Calgary Spar	4:59.17
2 Soderberg, Nicole	19	Edmonton Thu	5:01.20
3 Chappell, Ellen	18	U OF C Athle	5:03.53
4 McAvoy, Shannon	18	U OF C Athle	5:05.80
5 Huang, Katie	19	Caltaf Athle	5:21.30
6 Ciesielski, Maegan	18	Edmonton Roy	5:26.99

Women 3000 Meter Run Junior

=====

Stadium: # 9:47.59 11/08/2007 Schaaf, Kendra, Team Saskatchewan
 Meet Record: ! 10:50.45 11/07/2010 Shannon McAvoy, U of C Athletics Club

Name	Age	Team	Finals
------	-----	------	--------

=====

1 Anderson, Evelyn	18	Calgary Spar	10:42.05!
2 Chappell, Ellen	18	U OF C Athle	11:15.30

Women 100 Meter Hurdles 33" Junior

=====

13m to first, 8.5m between

Stadium: # 14.28 09/08/2007 Hucul, Jenni, Team Saskatchewan
 Meet Record: ! 15.90 10/07/2010 Paige Ridout, U of C Athletics Club

Name	Age Team	Finals	Wind
1 Kotyk, Hayley	18 Capital City	18.91	-2.3
2 McCurdy, Renee	18 Calgary Spar	19.54	-2.3

Women 400 Meter Hurdles 30" Junior

=====
 45m to first, 35m between
 Stadium: # 1:00.71 20/07/2008 Affeld, Laura, Edmonton Harriers

Name	Age Team	Finals
1 Kotyk, Hayley	18 Capital City	1:10.47

Women 4x400 Meter Relay Junior

=====
 Stadium: # 3:46.30 11/08/2007 AB WCSG Team, Team Alberta
 Peart, Lotwin, Simonson, Nelson
 Meet Record: ! 4:13.77 10/07/2010 U of C Athletics Club, U of C Athletics Cl
 Team Finals

1 Calgary Spartans 'A'		4:08.04!
1) Sherman, Sierra 16	2) Avila, Melissa 16	
3) Anderson, Evelyn 18	4) Dixon, Emma 14	
2 U OF C Athletics Club 'A'		4:17.99

Women High Jump Junior

=====
 Stadium: # 1.71m 10/08/2007 Bergevin, Lindsey, Team Alberta

Name	Age Team	Finals
1 Doerksen, Lynn	18 Medicine Hat	1.45m
1.35 1.40 1.45 1.50		
0 XO XO XXX		

Women Long Jump Junior

=====
 Stadium: # 6.25m 11/07/2010 Krysha Bayley, Legacy Athletics
 Meet Record: ! 5.17m 12/07/2009 Kathryn McCaffery, Edmonton Harriers

Name	Age Team	Finals	Wind
1 Adamson, Brianna	18 U OF C Athle	4.60m	1.7
4.12m(2.4) 4.55m(2.3) 4.48m(1.6) 4.21m(2.2) 4.60m(1.7) 4.60m(2.9)			
2 Doerksen, Lynn	18 Medicine Hat	4.50m	1.5
4.50m(1.5) 4.37m(2.1) FOUL(3.1) FOUL(2.7) 4.39m(3.8) FOUL(2.5)			

Women Triple Jump Junior

=====
 Stadium: # 12.22m 22/07/2007 Richard, Camille, Team BC

Name	Age Team	Finals	Wind
1 Adamson, Brianna	18 U OF C Athle	9.78m	3.3
9.58m(4.4) 9.55m(1.2) 9.56m(1.7) 9.64m(1.3) 9.62m(1.8) 9.78m(3.3)			
2 Fridfinnson, Erika	18 U OF C Athle	9.49m	3.2
9.49m(3.2) 9.40m(1.8) 9.12m(1.3) 9.14m(2.1) 9.35m(1.7) 9.45m(3.9)			

Women Shot Put 4kg Junior

=====
 Stadium: # 12.96m 11/08/2007 Revoy, Chelsey, Team Saskatchewan

Name	Age Team	Finals
------	----------	--------

1 Walkeden, Leah 18 Voleo Athlet 9.32m
 9.21m 9.09m 9.26m 9.32m FOUL 9.29m

Women Javelin Throw 600g Junior

=====

Stadium: # 47.79m 11/07/2010 Deanna Zelinka, Unattached ON

Name	Age	Team	Finals
1 Doerksen, Lynn	18	Medicine Hat	25.44m
		23.32m 25.44m 24.05m 21.48m FOUL PASS	

=====

Women 100 Meter Dash Senior

=====

Stadium: # 11.70 11/07/2009 Winneth Dube, Premiere Track

Meet Record: ! 11.70 11/07/2009 Winneth Dube, Premiere Track

Name	Age	Team	Finals	Wind
1 Khan, Janelle	25	Voleo Athlet	13.03	-4.8
2 Pavic, Ana	25	Premiere Tra	14.03	-4.8
3 Xu, Weixin	26	Calgary Spar	14.19	-4.8
-- Woodford, Nikki	29	Edmonton Mas	DNF	-4.8

=====

Women 200 Meter Dash Senior

=====

Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track

Meet Record: ! 23.94 12/07/2009 Winneth Dube, Premiere Track

Name	Age	Team	Finals	Wind
1 Lotwin, Kelsey	22	U OF C Athle	25.34	-1.0
2 Pavic, Ana	25	Premiere Tra	27.42	-1.0
3 Ould-Hamouda, Zahra	25	Calgary Spar	31.14	-1.0

=====

Women 400 Meter Dash Senior

=====

Stadium: # 55.67 09/08/2007 Johnson, Alyssa, Team Manitoba

Meet Record: ! 57.16 21/07/2007 Pearse, Anastasia, Team BC

Name	Age	Team	Finals
1 Watson, Sage	17	Calgary Inte	54.19#
2 Lotwin, Kelsey	22	U OF C Athle	55.63#
3 MACLISE, Kirklin	20	Unattached A	58.31
4 Schneck, Amanda	23	Voleo Athlet	58.43
5 Pavic, Ana	25	Premiere Tra	1:01.74

=====

Women 800 Meter Run Senior

=====

Stadium: # 2:12.99 12/07/2009 Dawn Nagazina, Unattached AB

Meet Record: ! 2:09.44 11/07/2010 Holly Ratzlaff, Caltaf

Name	Age	Team	Finals
1 MACDONALD, Madeline	21	U OF C Athle	2:15.09
2 Boyle, Shari	38	Calgary Inte	2:19.24
3 Seifert, Michelle	23	U OF C Athle	2:20.76
4 Manca, Terra	27	Edmonton Thu	2:23.30
5 McMaster, Sarah	21	Edmonton Thu	2:47.67
6 Wepruk, Sonja	33	Edmonton Har	2:50.76

=====

Women 1500 Meter Run Senior

=====

Stadium: # 4:34.58 11/07/2009 Jessica O'Connell, UCAC

=====

Meet Record: ! 4:34.58 11/07/2009 Jessica O'Connell, U of C Athletics Club

Name	Age	Team	Finals
1 MACDONALD, Madeline	21	U OF C Athle	4:46.73
2 Moran, Deirdre	22	Caltaf Athle	4:50.99
3 McMaster, Sarah	21	Edmonton Thu	5:45.55

Women 5000 Meter Run Senior

Stadium: # 16:39.01 11/08/2007 Doetzel, Danette, Team Saskatchewan
 Meet Record: ! 17:16.43 12/07/2009 Jessica O'Connell, U of C Athletics Club

Name	Age	Team	Finals
1 Kary, Grace	20	U OF C Athle	17:39.47
2 Moran, Deirdre	22	Caltaf Athle	17:51.38

Women 100 Meter Hurdles 33" Senior

13m to first, 8.5m between
 Stadium: # 14.28 09/08/2007 Hucul, Jenni, Team Saskatchewan
 Meet Record: ! 14.58 10/07/2010 Courtney Wilkes, Voleo Athletics

Name	Age	Team	Finals	Wind
1 Wilkes, Courtney	22	Voleo Athlet	15.04	-2.3
2 Schneck, Amanda	23	Voleo Athlet	15.31	-2.3

Women 400 Meter Hurdles 30" Senior

45m to first, 35m between
 Stadium: # 1:00.71 20/07/2008 Affeld, Laura, Edmonton Harriers
 Meet Record: ! 1:02.67 12/07/2009 Kelsey Lotwin, U of C Athletics Club

Name	Age	Team	Finals
1 Watson, Sage	17	Calgary Inte	59.55#
2 Gray, Tessa	28	Calgary Inte	1:02.89

Women 3000 Meter Steeplechase 30" Senior

28 barriers, 7 water jumps

Name	Age	Team	Finals
1 Boyle, Shari	38	Calgary Inte	11:31.11

Women 4x100 Meter Relay Senior

Stadium: # 46.03 11/08/2007 AB WCSG Team, Team Alberta
 Peart, Nelson, Smith, Laarman
 Meet Record: ! 47.09 21/07/2007 BC WCSG Team, Team BC
 Chin Aleong, Kisielewska, Whitegibson, Whitehead

Team	Finals
1 Calgary Spartans 'A'	53.87
1) McCurdy, Renee 18	2) Hunerfauth, Katelyn 18
3) Turner, Breanna 16	4) Xu, Weixin 26
2 Calgary Spartans 'B'	57.78
1) Ould-Hamouda, Zahra 25	2) Baerg, Karen 28
3) Lauridsen, Susanne 53	4) Schoenthaler, Sheryl 47

Women High Jump Senior

Stadium: # 1.71m 10/08/2007 Bergevin, Lindsey, Team Alberta
 Meet Record: ! 1.70m 21/07/2007 Neveu, Katly, Team BC

Name	Age	Team	Finals
1 Bergevin, Lindsey	22	Edmonton Int	1.65m
1.60 1.65 1.72			
O XXO XXX			
2 Schneck, Amanda	23	Voleo Athlet	1.60m
1.50 1.55 1.60 1.65			
O O XO XXX			
3 Baerg, Karen	28	Calgary Spar	1.50m
1.45 1.50 1.55			
O O XXX			

Women Pole Vault Senior

Stadium: # 3.85m 20/07/2008 Sue Kupper, Edmonton International
 Meet Record: ! 3.85m 20/07/2008 Sue Kupper, Edmonton International

Name	Age	Team	Finals
1 Stephenson, Kimberly	20	U OF C Athle	3.65m
3.65 3.75			
O XXX			
2 Bergevin, Lindsey	22	Edmonton Int	3.45m
3.35 3.45 3.55 3.65			
O O P XXX			
3 Mintz, Rachel	32	Edmonton Int	3.25m
3.25 3.35			
O XXX			

Women Long Jump Senior

Stadium: # 6.25m 11/07/2010 Krysha Bayley, Legacy Athletics
 Meet Record: ! 6.25m 11/07/2010 Krysha Bayley, Legacy Athletics

Name	Age	Team	Finals	Wind
1 Xu, Weixin	26	Calgary Spar	5.15m	1.9
FOUL(1.8) 5.15m(1.9) 4.80m(2.2) 4.63m(0.9) FOUL(1.1) 4.65m(1.5)				
2 Groenveld, Samantha	20	U OF C Athle	5.05m	0.5
4.94m(2.3) FOUL(1.6) FOUL(2.3) FOUL(2.4) 4.78m(0.4) 5.05m(0.5)				
3 Baerg, Karen	28	Calgary Spar	4.96m	2.1
FOUL(2.3) 4.84m(1.6) FOUL(3.4) 4.96m(2.1) FOUL(3.4) 4.80m(0.1)				
4 Reimer-Kalthoff, Christi	26	Capital City	4.85m	1.7
4.85m(1.7) 4.75m(2.6) 4.82m(1.5) 4.78m(2.4) 4.76m(2.1) 4.75m(0.7)				
5 Gabrys, Iwona	21	U OF C Athle	4.57m	1.8
4.26m(2.1) 4.57m(1.8) 4.44m(1.4) 4.39m(3.0) 4.55m(2.6) 4.33m(1.7)				
6 Parrish, Danielle	21	U OF C Athle	4.52m	1.7
FOUL(1.0) 4.39m(1.6) 4.44m(2.3) FOUL(2.3) 4.48m(1.4) 4.52m(1.7)				
7 Ould-Hamouda, Zahra	25	Calgary Spar	4.26m	2.0
4.26m(2.0) 4.19m(1.3) FOUL(1.9) PASS PASS 3.16m(1.7)				

Women Triple Jump Senior

Stadium: # 12.22m 22/07/2007 Richard, Camille, Team BC
 Meet Record: ! 12.22m 22/07/2007 Richard, Camille, Team BC

Name	Age	Team	Finals	Wind
1 Wilkes, Courtney	22	Voleo Athlet	11.94m	3.8
11.76m(4.8) FOUL FOUL 11.71m(3.7) FOUL 11.94m(3.8)				
2 Parrish, Danielle	21	U OF C Athle	11.26m	3.6

	10.72m(3.2)	11.09m(3.7)	10.90m(1.8)	10.91m(3.8)	10.98m(3.8)	11.26m(3.6)
3 Zunti, Melanie			26 U OF C Athle		10.85m	3.3
	FOUL	FOUL		10.34m(2.5)	FOUL	10.85m(3.3)
4 Baerg, Karen			28 Calgary Spar		10.67m	3.3
	10.67m(3.3)	10.52m(3.4)	FOUL(2.1)	10.52m(4.1)	10.63m(1.8)	10.43m(2.7)
5 Hildenbrandt, Leanne			24 Capital City		10.27m	4.7
	9.63m(4.3)	10.17m(3.3)	9.96m(2.0)	10.27m(4.7)	FOUL	FOUL
6 Xu, Weixin			26 Calgary Spar		10.26m	2.5
	10.26m(2.5)	10.00m(3.3)	9.78m(2.4)	PASS	10.09m(3.3)	FOUL
7 Gabryś, Iwona			21 U OF C Athle		10.21m	2.7
	10.06m(2.8)	10.07m(3.4)	9.82m(3.7)	10.21m(2.7)	9.80m(2.4)	9.84m(2.7)

Women Shot Put 4kg Senior

=====						
Stadium: # 12.96m 11/08/2007 Revoy, Chelsey, Team Saskatchewan						
Meet Record: ! 11.85m 11/07/2007 Rigel Carias, Wapiti Striders						
Name			Age Team			Finals
=====						
1 Waine, Jamie			21 U OF C Athle			11.99m!
	11.99m	FOUL	FOUL	FOUL	11.69m	FOUL
2 Kucharchuk, Chelcie			24 U OF A Athle			11.94m!
	11.94m	11.65m	11.39m	11.48m	11.26m	11.94m
3 Groenveld, Samantha			20 U OF C Athle			11.64m
	11.64m	11.19m	FOUL	10.85m	11.52m	FOUL
4 Ould-Hamouda, Zahra			25 Calgary Spar			8.84m
	7.68m	8.61m	8.28m	FOUL	8.84m	8.25m
5 Irwin, Paige			23 Edmonton Int			8.74m
	8.00m	8.16m	8.36m	8.40m	8.74m	PASS

Women Discus Throw 1kg Senior

=====						
Stadium: # 53.33m 11/07/2010 Neelam Dogra, Unattached AB						
Meet Record: ! 53.33m 11/07/2010 Neelam Dogra, Unattached AB						
Name			Age Team			Finals
=====						
1 Waine, Jamie			21 U OF C Athle			39.12m
	39.12m	FOUL	FOUL	FOUL	FOUL	36.31m
2 Groenveld, Samantha			20 U OF C Athle			38.07m
	37.37m	30.86m	31.13m	38.07m	FOUL	34.85m
3 Heska-Wolf, Ciera			20 U OF A Athle			31.95m
	31.01m	31.10m	31.16m	31.95m	31.73m	31.08m
4 Kucharchuk, Chelcie			24 U OF A Athle			30.76m
	30.76m	24.30m	FOUL	24.49m	27.87m	28.60m
-- Kovacs, Alanna			21 OSSD			X48.75m
	FOUL	45.60m	47.45m	48.75m	46.10m	44.69m

Women Hammer Throw Senior

=====						
Name			Age Team			Finals
=====						
-- Frizell, Sultana			27 Ottawa Lions			X71.46m
	65.78m	71.46m	68.06m	FOUL	FOUL	70.53m
-- Steacy, Heather			23 Chinook Trac			X69.81m
	FOUL	64.62m	66.82m	69.81m	66.19m	FOUL
-- Dubourt, Elisabeth			25 Chinook Trac			X58.72m
	58.28m	58.72m	56.82m	58.50m	FOUL	58.25m
-- Heska-Wolf, Ciera			20 U OF A Athle			X41.45m
	FOUL	FOUL	FOUL	32.31m	41.45m	41.45m

Women Hammer Throw 4kg Senior

```

=====
Stadium: # 58.99m 11/07/2009 Stacey, Heather, Chinook Track
Meet Record: ! 58.99m 11/07/2009 Stacey, Heather, Chinook Track
Name Age Team Finals
=====
1 Steacy, Heather 23 Chinook Trac 69.32m#
   FOUL 69.23m FOUL FOUL 65.32m 69.32m
2 Dubourt, Elisabeth 25 Chinook Trac 58.57m
   58.57m 58.13m 58.24m FOUL 54.14m FOUL
3 Waine, Jamie 21 U OF C Athle 42.79m
   42.79m 41.42m FOUL 40.99m 40.33m FOUL
-- Heska-Wolf, Ciera 20 U OF A Athle FOUL
   FOUL FOUL FOUL FOUL FOUL FOUL
-- Frizell, Sultana 27 Ottawa Lions X70.61m#
   70.61m 68.88m 69.79m 68.47m 68.28m 70.08m

```

Women Javelin Throw 600g Senior

```

=====
Stadium: # 47.79m 11/07/2010 Deanna Zelinka, Unattached ON
Meet Record: ! 47.79m 11/07/2010 Deanna Zelinka, Unattached ON
Name Age Team Finals
=====
1 Gleadle, Elizabeth S. 23 Chinook Trac 53.85m#
   53.85m 52.37m 53.57m FOUL 47.34m FOUL
-- Kovacs, Alanna 21 OSSD X45.91m
   41.42m 42.74m FOUL 45.91m 44.23m 45.58m

```

Women 100 Meter Dash Masters 35-49

```

=====
Stadium: # 11.70 11/07/2009 Winneth Dube, Premiere Track
Name Age Team Finals Wind
=====
1 Schoenthaler, Sheryl 47 Calgary Spar 14.60 -2.7
2 Vethanayagam, Dilini 43 Edmonton Har 15.07 -2.7
3 Stilman, Shani 42 Calgary Olym 15.73 -2.7

```

Women 200 Meter Dash Masters 35-49

```

=====
Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track
Meet Record: ! 29.03 11/07/2010 Sheryl Schoenthaler, Calgary Spartans
Name Age Team Finals Wind
=====
1 Schoenthaler, Sheryl 47 Calgary Spar 30.25 -2.5

```

Women 800 Meter Run Masters 35-49

```

=====
Stadium: # 2:12.99 12/07/2009 Dawn Nagazina, Unattached AB
Name Age Team Finals
=====
1 Dixon, Donna 49 Calgary Phoe 2:34.10

```

Women 1500 Meter Run Masters 35-49

```

=====
Stadium: # 4:34.58 11/07/2009 Jessica O'Connell, UCAC
Meet Record: ! 5:16.05 10/07/2010 Donna Dixon, Calgary Spartans
Name Age Team Finals
=====
1 Dixon, Donna 49 Calgary Phoe 5:26.10

```

Women Shot Put 4kg Masters 35-49

```

=====
Stadium: # 12.96m 11/08/2007 Revoy, Chelsey, Team Saskatchewan
Name Age Team Finals
=====
1 Reed, Georgette 44 U OF A Athle 13.03m#
12.74m 12.14m 12.31m 12.16m 13.03m 12.98m

```

Women 80 Meter Hurdles 30" Masters 50-59

```

=====
12m to first, 7m between
Stadium: # 13.61 10/07/2010 BJ Freeman, Calgary Spartans
Meet Record: ! 13.61 10/07/2010 BJ Freeman, Clagary Spartans
Name Age Team Finals Wind
=====
1 Lauridsen, Susanne 53 Calgary Spar 16.44 -3.3

```

Women 200 Meter Dash Masters 50-64

```

=====
Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track
Meet Record: ! 29.78 11/07/2010 BJ Freeman, Calgary Spartans
Name Age Team Finals Wind
=====
1 Lauridsen, Susanne 53 Calgary Spar 32.33 -2.5

```

Women Shot Put 3kg Masters 50-64

```

=====
Stadium: # 10.09m 10/07/2010 Jovette Jolicoeur, Calgary Spartans
Meet Record: ! 10.09m 10/07/2010 Jovette Jolicoeur, Calgary Spartans
Name Age Team Finals
=====
1 King, Tracy 53 Edmonton Har 9.45m
9.33m 8.91m 8.93m 9.45m 8.75m 9.39m

```

Women 200 Meter Dash Masters 65+

```

=====
Stadium: # 23.94 12/07/2009 Winneth Dube, Premiere Track
Meet Record: ! 34.87 11/07/2010 Maria Hopchin, Edmonton Masters
Name Age Team Finals Wind
=====
1 Hopchin, Maria 67 Edmonton Mas 35.90 -2.5

```

Boys 80 Meter Dash Peewee

```

=====
Stadium: # 10.34 11/07/2009 Saeed Shokoya, Calgary Spartans
Meet Record: ! 12.19 11/07/2009 Abdul Shokoya, Calgary Spartans
Name Age Team Finals Wind
=====
1 Rosery, Jonathan 11 Edmonton Oly 12.19! -1.8
2 Clarkin, Liam 11 St. Albert T 13.07 -1.8
3 Hastie, Aiden 9 Calgary Olym 13.86 -1.8

```

Boys 150 Meter Dash Peewee

```

=====
Stadium: # 18.95 12/07/2009 Saeed Shokoya, Calgary Spartans
Meet Record: ! 22.77 12/07/2009 Abdul Shokoya, Calgary Spartans
Name Age Team Finals Wind
=====
1 Clarkin, Liam 11 St. Albert T 23.96 NWI
2 Hastie, Aiden 9 Calgary Olym 25.78 NWI
3 Vasanji, Adeem 11 Caltaf Athle 26.31 NWI

```

Boys 600 Meter Run Peewee

```

=====
Stadium: # 1:52.26 12/07/2009 Cory Parks, Edmonton Olympic
Meet Record: ! 2:05.09 11/07/2010 Thomas Hasal, St. Albert Track
Name Age Team Finals
=====
1 Hastie, Aiden 9 Calgary Olym 2:13.64
2 Vasanji, Adeem 11 Caltaf Athle 2:37.31

```

Boys 800 Meter Run Peewee

```

=====
Stadium: # 1:53.22 11/08/2007 Mazzei, Darren, Team Saskatchewan
Meet Record: ! 2:55.79 10/07/2010 Thomas Hasal, St. Albert Track
Name Age Team Finals
=====
1 Hastie, Aiden 9 Calgary Olym 3:06.22
-- Rosery, Jonathan 11 Edmonton Oly DNF

```

Boys High Jump Peewee

```

=====
Stadium: # 2.04m 09/08/2007 Little, Paul, Team BC
Meet Record: ! 1.15m 11/07/2010 Thomas Hasal, St. Albert Track
Name Age Team Finals
=====
1 Clarkin, Liam 11 St. Albert T 1.17m!
0.90 1.00 1.10 1.15 1.17 1.19
O O O XXO O XXX
2 Hastie, Aiden 9 Calgary Olym 1.00m
0.80 0.90 1.00 1.10
O O O XXX
3 Vasanji, Adeem 11 Caltaf Athle J1.00m
0.80 0.90 1.00 1.10
O O XO XXX

```

Boys Long Jump Peewee

```

=====
Stadium: # 7.38m 11/07/2010 Wade Huber, Excel Athletica
Meet Record: ! 3.99m 10/07/2010 Thomas Hasal, St. Albert Track
Name Age Team Finals Wind
=====
1 Rosery, Jonathan 11 Edmonton Oly 3.75m 3.2
3.75m(3.2) 3.45m(1.7) 3.56m(2.5)
2 Clarkin, Liam 11 St. Albert T 3.60m 2.6
3.43m(2.9) 3.60m(2.6) FOUL(2.9)
3 Hastie, Aiden 9 Calgary Olym 2.92m 2.1
2.91m(3.9) 2.79m(1.7) 2.92m(2.1)

```

Boys Shot Put 2kg Peewee

```

=====
Stadium: # 7.40m 10/07/2010 Tomas Hasal, St. Albert Track
Meet Record: ! 7.40m 10/07/2010 Thomas Hasal, St. Albert Track
Name Age Team Finals
=====
1 Rosery, Jonathan 11 Edmonton Oly 8.04m#
8.04m 7.55m 7.62m
2 Hastie, Aiden 9 Calgary Olym 4.35m
4.35m 4.11m 4.19m

```

Boys Discus Throw 750g Peewee

```

=====
Meet Record: ! 14.71m 11/07/2010 Christian Laramee, Neat
Name Age Team Finals
=====
1 Vasanji, Adeem 11 Caltaf Athle 14.92m!
13.91m 14.92m 14.65m
2 Hastie, Aiden 9 Calgary Olym 8.94m
8.40m 8.56m 8.94m

```

Boys 80 Meter Dash Bantam

```

=====
Stadium: # 10.34 11/07/2009 Saeed Shokoya, Calgary Spartans
Meet Record: ! 10.34 11/07/2009 Saeed Shokoya, Calgary Spartans
Name Age Team Finals Wind H#
=====
1 Lem, Christopher 13 Edmonton Thu 10.85 -2.0 2
2 Collin, Lewis 13 Edmonton Oly 11.34 -2.5 1
3 Waselenchuk, Quinn 13 St. Albert T 11.95 -2.0 2
4 Mostowich, Ryan 13 Edmonton Har 11.98 -2.5 1
5 Constable, Grayson 13 Lethbridge T 12.25 -2.0 2
6 Mcculloch, Christopher 13 Unattached A 12.29 -2.5 1
7 Letwin, Garrick 12 St. Albert T 13.01 -2.0 2
8 Laramee, Christian 12 NEAT 13.06 -2.0 2
9 Miller, Justin 12 MAC Track (M 13.08 -2.5 1
10 Gerlitz, Braden 12 Caltaf Athle 13.20 -2.0 2

```

Boys 150 Meter Dash Bantam

```

=====
Stadium: # 18.95 12/07/2009 Saeed Shokoya, Calgary Spartans
Meet Record: ! 18.95 12/07/2009 Saeed Shokoya, Calgary Spartans
Name Age Team Finals Wind H#
=====
1 Lem, Christopher 13 Edmonton Thu 20.48 -2.2 1
2 Collin, Lewis 13 Edmonton Oly 21.46 -2.2 1
3 Mostowich, Ryan 13 Edmonton Har 21.92 -2.2 1
4 Waselenchuk, Quinn 13 St. Albert T 22.04 -2.0 2
5 Constable, Grayson 13 Lethbridge T 22.79 -2.0 2
6 Mcculloch, Christopher 13 Unattached A 22.89 -2.2 1
7 Meister, Ben 13 Caltaf Athle 22.96 -2.0 2
8 Miller, Justin 12 MAC Track (M 23.93 -2.0 2
9 Letwin, Garrick 12 St. Albert T 24.42 -2.2 1
10 Laramee, Christian 12 NEAT 24.47 -2.0 2
11 Gerlitz, Braden 12 Caltaf Athle 25.07 -2.2 1

```

Boys 600 Meter Run Bantam

```

=====
Stadium: # 1:52.26 12/07/2009 Corey Parks, Edmonton Olympic
Meet Record: ! 1:52.26 12/07/2009 Corey Parks, Edmonton Olympic
Name Age Team Finals
=====
1 Mostowich, Ryan 13 Edmonton Har 1:45.21!
2 Collin, Lewis 13 Edmonton Oly 1:45.45!
3 Letwin, Garrick 12 St. Albert T 1:54.64
4 Miller, Justin 12 MAC Track (M 1:55.34
5 Lem, Christopher 13 Edmonton Thu 1:57.21
6 Constable, Grayson 13 Lethbridge T 1:59.76
7 Mcculloch, Christopher 13 Unattached A 1:59.97
8 Waselenchuk, Quinn 13 St. Albert T 2:02.06
9 Laramee, Christian 12 NEAT 2:06.23
10 Gerlitz, Braden 12 Caltaf Athle 2:12.11

```

Boys 800 Meter Run Bantam

```

=====
Stadium: # 1:53.22 11/08/2007 Mazzei, Darren, Team Saskatchewan
Meet Record: ! 2:27.12 20/07/2008 Mitchell Basher, Edmonton Harriers
Name Age Team Finals
=====
1 Mostowich, Ryan 13 Edmonton Har 2:27.44
2 Collin, Lewis 13 Edmonton Oly 2:33.96
3 Miller, Justin 12 MAC Track (M 2:40.22
4 Letwin, Garrick 12 St. Albert T 2:45.87
5 Laramee, Christian 12 NEAT 2:52.69
6 Mcculloch, Christopher 13 Unattached A 2:52.98
7 Waselenchuk, Quinn 13 St. Albert T 2:57.49
8 Lem, Christopher 13 Edmonton Thu 3:03.09
9 Gerlitz, Braden 12 Caltaf Athle 3:05.05
=====

```

Boys High Jump Bantam

```

=====
Stadium: # 2.04m 09/08/2007 Little, Paul, Team BC
Meet Record: ! 1.50m 11/07/2009 Nicholas Huber, Edmonton Olympic
Name Age Team Finals
=====
1 Constable, Grayson 13 Lethbridge T 1.45m
  1.35 1.40 1.45 1.51
  O O O XXX
2 Lem, Christopher 13 Edmonton Thu 1.40m
  1.10 1.20 1.25 1.30 1.35 1.40 1.45
  O O O O XO XO XXX
3 Waselenchuk, Quinn 13 St. Albert T 1.35m
  1.10 1.20 1.25 1.30 1.35 1.40
  O O O XXO O XXX
4 Collin, Lewis 13 Edmonton Oly 1.25m
  1.10 1.20 1.25 1.30
  O O O XXX
4 Mcculloch, Christopher 13 Unattached A 1.25m
  1.10 1.20 1.25 1.30
  O O O XXX
6 Mostowich, Ryan 13 Edmonton Har 1.20m
  1.10 1.20 1.25
  O O XXX
7 Laramee, Christian 12 NEAT J1.20m
  1.00 1.10 1.20 1.25
  O XO O XXX
8 Miller, Justin 12 MAC Track (M 1.10m
  1.00 1.10 1.20
  O O XXX
=====

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Boys Long Jump Bantam

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=====
Stadium: # 7.38m 11/07/2010 Wade Huber, Excel Athletica
Meet Record: ! 4.95m 12/07/2009 Nicholas Huber, Edmonton Olympic
Name Age Team Finals Wind
=====
1 Lem, Christopher 13 Edmonton Thu 4.24m 2.0
  3.89m(3.2) 4.09m(3.2) 4.24m(2.0)
2 Constable, Grayson 13 Lethbridge T 4.20m 1.5
  3.99m(1.8) 4.20m(1.5) 3.84m(2.8)
3 Collin, Lewis 13 Edmonton Oly 4.18m 3.5
  3.77m(2.0) 4.18m(3.5) 3.87m(1.9)
=====

```


4	Waselenchuk, Quinn	13 St. Albert T	3.98m	3.2
	3.94m(2.2) 3.98m(3.2) 3.86m(3.7)			
5	Miller, Justin	12 MAC Track (M	3.79m	3.2
	3.32m(1.4) 3.79m(3.2) 3.49m(2.8)			
6	Meister, Ben	13 Caltaf Athle	3.71m	3.6
	3.39m(2.0) 3.71m(3.6) 3.70m(2.8)			
7	Mostowich, Ryan	13 Edmonton Har	3.68m	3.0
	3.68m(3.0) 3.59m(2.7) 3.59m(3.5)			
8	Mcculloch, Christopher	13 Unattached A	3.61m	2.3
	3.50m(2.5) 3.35m(2.5) 3.61m(2.3)			
9	Laramee, Christian	12 NEAT	3.33m	2.2
	3.13m(2.4) 3.33m(2.2) FOUL			
10	Gerlitz, Braden	12 Caltaf Athle	3.31m	2.8
	3.31m(2.8) FOUL FOUL			
11	Letwin, Garrick	12 St. Albert T	3.14m	2.5
	3.14m(2.5) 2.86m(2.4) 2.81m(1.4)			

Boys Shot Put 3kg Bantam

=====			
Stadium: # 10.55m 12/07/2009 Zachary Squire, Edmonton Olympic			
Meet Record: ! 10.55m 12/07/2009 Zachary Squire, Edmonton Olympic			
Name	Age	Team	Finals
=====			
1	Collin, Lewis	13 Edmonton Oly	8.05m
	7.99m 8.05m 6.93m		
2	Lem, Christopher	13 Edmonton Thu	7.92m
	7.90m 7.71m 7.92m		
3	Constable, Grayson	13 Lethbridge T	7.80m
	7.02m 7.54m 7.80m		
4	Mostowich, Ryan	13 Edmonton Har	7.68m
	7.08m 7.68m 6.25m		
5	Letwin, Garrick	12 St. Albert T	7.57m
	6.94m 7.57m 6.93m		
6	Howlett, Kai	13 Edmonton Har	7.41m
	7.41m 6.20m 6.83m		
7	Waselenchuk, Quinn	13 St. Albert T	7.38m
	7.09m 6.85m 7.38m		
8	Mcculloch, Christopher	13 Unattached A	6.80m
	6.80m 6.71m 6.61m		
9	Laramee, Christian	12 NEAT	5.93m
	5.93m 5.67m 5.58m		
10	Gerlitz, Braden	12 Caltaf Athle	5.42m
	5.39m 5.26m 5.42m		
11	Miller, Justin	12 MAC Track (M	4.76m
	4.76m 4.65m 4.22m		

Boys Discus Throw 750g Bantam

=====			
Meet Record: ! 12.43m 10/07/2010 Christopher McCulloch, Unattatched AB			
Name	Age	Team	Finals
=====			
1	Constable, Grayson	13 Lethbridge T	25.10m!
	19.84m 25.10m 23.94m		
2	Waselenchuk, Quinn	13 St. Albert T	23.69m!
	21.33m 20.27m 23.69m		
3	Howlett, Kai	13 Edmonton Har	22.53m!
	22.53m 20.74m FOUL		
4	Mostowich, Ryan	13 Edmonton Har	19.45m!
	FOUL 15.70m 19.45m		
5	Collin, Lewis	13 Edmonton Oly	18.62m!

	17.79m	15.63m	18.62m		
6	Letwin, Garrick			12 St. Albert T	17.25m!
	17.25m	16.04m	FOUL		
7	Mcculloch, Christopher			13 Unattached A	16.37m!
	FOUL	16.37m	15.06m		
8	Lem, Christopher			13 Edmonton Thu	16.31m!
	13.64m	12.93m	16.31m		
9	Laramee, Christian			12 NEAT	15.81m!
	15.10m	15.77m	15.81m		
10	Miller, Justin			12 MAC Track (M	13.09m!
	10.40m	13.09m	12.32m		
11	Gerlitz, Braden			12 Caltaf Athle	12.92m!
	12.92m	FOUL	12.84m		

Boys 100 Meter Dash Midget

=====						
Stadium: # 10.41 11/07/2009 Brian Barnett, Capital City						
Meet Record: ! 11.92 10/07/2010 Tyree Harriot, Edmonton Olympic						
	Name		Age	Team	Prelims	Wind H#
=====						
Preliminaries						
1	Harriott, Tyree		14	Edmonton Oly	12.21Q	-0.7 2
2	Parks, Corey		15	Developing Futur	12.53Q	-3.9 1
3	Posyluzny, Brayden		14	Red Deer Tit	12.86Q	-0.7 2
4	Stilman, Gefen		15	Calgary Olym	13.06Q	-3.9 1
5	St-Laurent, Johnny		14	Developing Futur	13.13Q	-3.9 1
6	Stephen, Brent		15	Caltaf Athle	13.15Q	-0.7 2
7	Repato, Kelly		14	St. Albert T	14.13q	-3.9 1
8	Meister, Patrick		14	Caltaf Athle	14.95q	-0.7 2
9	Kalmakoff, Nathan		14	Caltaf Athle	15.70	-0.7 2

Boys 100 Meter Dash Midget

=====						
Stadium: # 10.41 11/07/2009 Brian Barnett, Capital City						
Meet Record: ! 11.92 10/07/2010 Tyree Harriot, Edmonton Olympic						
	Name		Age	Team	Finals	Wind
=====						
Finals						
1	Harriott, Tyree		14	Edmonton Oly	12.19	-3.1
2	Parks, Corey		15	Developing Futur	12.46	-3.1
3	Stilman, Gefen		15	Calgary Olym	12.93	-3.1
4	Posyluzny, Brayden		14	Red Deer Tit	13.28	-3.1
5	Stephen, Brent		15	Caltaf Athle	13.28	-3.1
6	Meister, Patrick		14	Caltaf Athle	15.33	-3.1

Preliminaries

5	St-Laurent, Johnny		14	Developing Futur
7	Repato, Kelly		14	St. Albert T
9	Kalmakoff, Nathan		14	Caltaf Athle

Boys 200 Meter Dash Midget

=====						
Stadium: # 21.56 10/08/2007 Effah, Sam, Team Alberta						
Meet Record: ! 24.08 11/07/2010 Tyree Harriot, Edmonton Olympic						
	Name		Age	Team	Prelims	Wind H#
=====						
1	Harriott, Tyree		14	Edmonton Oly	24.16Q	-2.2 1
2	Parks, Corey		15	Developing Futur	24.96Q	-2.8 2
3	Hudson, Jeff		15	Calgary Warr	25.67Q	-2.2 1
4	Caulfield, Adam		15	Edmonton Oly	26.21Q	-2.8 2
5	Hansen, Jorden		15	Leduc Track	25.76Q	-2.2 1

6 Steger, Martin	15 Caltaf Athle	26.67Q	-2.8	2
7 Stephen, Brent	15 Caltaf Athle	26.44q	-2.2	1
8 Posyluzny, Brayden	14 Red Deer Tit	26.62q	-2.2	1
9 Stilman, Gefen	15 Calgary Olym	26.72	-2.8	2
10 Meister, Patrick	14 Caltaf Athle	30.83	-2.8	2

Boys 200 Meter Dash Midget

```
=====
Stadium: # 21.56 10/08/2007 Effah, Sam, Team Alberta
Meet Record: ! 24.08 11/07/2010 Tyree Harriot, Edmonton Olympic
Name Age Team Finals Wind
=====
```

Finals

1 Harriott, Tyree	14 Edmonton Oly	23.59!	-1.1
2 Parks, Corey	15 Developing Futur	24.24	-1.1
3 Hudson, Jeff	15 Calgary Warr	25.15	-1.1
4 Caulfield, Adam	15 Edmonton Oly	25.22	-1.1
5 Hansen, Jordan	15 Leduc Track	25.51	-1.1
6 Posyluzny, Brayden	14 Red Deer Tit	26.11	-1.1
7 Steger, Martin	15 Caltaf Athle	26.15	-1.1
8 Stephen, Brent	15 Caltaf Athle	27.92	-1.1

Preliminaries

9 Stilman, Gefen	15 Calgary Olym		
10 Meister, Patrick	14 Caltaf Athle		

Boys 300 Meter Dash Midget

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=====
Stadium: # 38.11 10/07/2010 Zac Halushka, Leduc Track Club
Meet Record: ! 38.11 10/07/2010 Zac Halushka, Leduc Track
Name Age Team Finals H#
=====
```

Finals

1 Kamstra, Austin	15 MAC Track (M)	38.32	2
2 Hansen, Jordan	15 Leduc Track	38.42	2
3 Caulfield, Adam	15 Edmonton Oly	39.95	1
4 Steger, Martin	15 Caltaf Athle	41.30	1
5 Stilman, Gefen	15 Calgary Olym	41.96	2
6 Eckstein, Nathanael	15 Caltaf Athle	44.23	1
7 Stephen, Brent	15 Caltaf Athle	44.28	1
-- Hudson, Jeff	15 Calgary Warr	FS	2

Boys 800 Meter Run Midget

```
=====
Stadium: # 1:53.22 11/08/2007 Mazzei, Darren, Team Saskatchewan
Meet Record: ! 2:02.09 20/07/2008 Cole Peterson, Edmonton Harriers
Name Age Team Finals
=====
```

1 Kamstra, Austin	15 MAC Track (M)	2:03.41
2 Undseth, Brennan	15 Caltaf Athle	2:07.64
3 Chan, Eric	15 MAC Track (M)	2:09.23
4 Lutz, Eric	13 Red Deer Tit	2:09.28
5 Ross, Graham	15 Calgary Warr	2:17.49
6 Eckstein, Nathanael	15 Caltaf Athle	2:30.01
7 Foster, Eric	15 Caltaf Athle	2:41.61
8 Thuna, Sean	14 Caltaf Athle	2:55.16

Boys 1200 Meter Run Midget

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=====
Stadium: # 3:31.12 10/07/2010 Timurlane Cakmak, Leduc Track
Meet Record: ! 3:31.12 10/07/2010 Timurlane Cakmak, Leduc Track
```

Name	Age	Team	Finals
1 Undseth, Brennan	15	Caltaf Athle	3:28.29!
2 Lutz, Eric	13	Red Deer Tit	3:29.62!
3 Chan, Eric	15	MAC Track (M	3:31.43
4 Ross, Graham	15	Calgary Warr	3:41.42
5 Eckstein, Nathanael	15	Caltaf Athle	3:57.06
6 Foster, Eric	15	Caltaf Athle	4:27.62
7 Thuna, Sean	14	Caltaf Athle	4:28.86

Boys 2000 Meter Run Midget

Name	Age	Team	Finals
Stadium: # 3:53.86 10/07/2010 Kip Kasongo, Running Room			
Meet Record: ! 6:19.00 11/07/2010 Timurlane Cakmak, Leduc Track			
1 Undseth, Brennan	15	Caltaf Athle	6:19.56
2 Vasanji, Sahad	14	Caltaf Athle	7:18.45

Boys 100 Meter Hurdles 33" Midget

Name	Age	Team	Finals	Wind
13m to first, 8.5m between				
Stadium: # 14.93 10/07/2010 Zachary Squire, Edmonton Olympic				
Meet Record: ! 14.93 10/07/2010 Zachary Squire, Edmonton Olympic				
1 Watt, Phillip	15	U OF C Athle	15.31	-2.4
2 Posyluzny, Brayden	14	Red Deer Tit	19.18	-2.4
3 Thuna, Sean	14	Caltaf Athle	20.66	-2.4
4 Kalmakoff, Nathan	14	Caltaf Athle	23.53	-2.4

Boys 200 Meter Hurdles 30" Midget

Name	Age	Team	Finals	Wind
20m to first, 35m between				
Stadium: # 27.44 11/07/2010 Zachary Squire, Edmonton Olympic				
Meet Record: ! 27.44 11/07/2010 Zachary Squire, Edmonton Olympic				
1 Stephen, Brent	15	Caltaf Athle	29.13	-1.2
2 Huo, Jeremiah	14	Red Deer Tit	31.93	-1.2
3 Thuna, Sean	14	Caltaf Athle	34.57	-1.2

Boys 1500 Meter Steeplechase 30" Midget

Name	Age	Team	Finals
12 barriers, no water			
1 Evans, Derrick	15	Red Deer Tit	4:39.30
2 Vasanji, Sahad	14	Caltaf Athle	5:24.41

Boys 4x100 Meter Relay Midget

Team	Finals
Stadium: # 41.54 11/08/2007 BC WCSG Team, Team BC	
Fralick, Farrell, Charles, Giuffre	
Meet Record: ! 49.67 19/07/2008 Capital City Track Club, Capital City	
B Stewart, C Roberts, R Golka, K Klotz	
1 Caltaf Athletic Associat 'A'	55.30
1) Kalmakoff, Nathan 14	2) Stephen, Brent 15

3) Meister, Patrick 14	4) Steger, Martin 15
2 Caltaf Athletic Associat 'B'	57.16
1) Eckstein, Nathanael 15	2) Vasanji, Sahad 14
3) Thuna, Sean 14	4) Foster, Eric 15

Boys 4x400 Meter Relay Midget

```
=====
Stadium: # 3:14.07 11/08/2007 AB WCSG Team, Team Alberta
          Jospheh, Saizew, Sumani, Ratzlaff
Team                                           Finals
=====
1 Caltaf Athletic Associat 'A'                4:23.05
  1) Eckstein, Nathanael 15                    2) Vasanji, Sahad 14
  3) Meister, Ben 13                          4) Foster, Eric 15
=====
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Boys High Jump Midget

```
=====
Stadium: # 2.04m 09/08/2007 Little, Paul, Team BC
Meet Record: ! 1.65m 21/07/2007 Clews, Alexander, U of C Athletics Club
Name                                           Age Team                                           Finals
=====
1 Hetke, Brenden                               15 Edmonton Roy                                     1.80m!
  1.70 1.75 1.80 1.85
  O O O XXX
2 Schulz, Joshua                               15 Unattached A                                     1.60m
  1.45 1.50 1.55 1.60 1.65
  O O O XO XXX
3 Kalmakoff, Nathan                            14 Caltaf Athle                                     1.40m
  1.35 1.40 1.45
  XO XXO XXX
-- Undseth, Brennan                            15 Caltaf Athle                                     NH
  1.65
  XXX
=====
```

Boys Long Jump Midget

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=====
Stadium: # 7.38m 11/07/2010 Wade Huber, Excel Athletica
Meet Record: ! 5.71m 21/07/2007 Kamara, Alfred, Edmonton Sprint Academy
Name                                           Age Team                                           Finals Wind
=====
1 Sprague, Cristian                            15 Calgary Inte                                     5.69m 2.8
  5.30m(2.3) 5.43m(2.2) FOUL 5.54m(3.8) 5.59m(4.0) 5.69m(2.8)
2 Watt, Phillip                                15 U OF C Athle                                     5.45m 2.7
  5.27m(2.9) 5.36m(1.9) 5.42m(4.6) 5.43m(2.2) 5.28m(1.9) 5.45m(2.7)
3 Schulz, Joshua                               15 Unattached A                                     5.35m 1.9
  5.27m(2.4) 5.19m(1.9) FOUL 5.01m(4.5) 5.35m(1.9) 5.15m(2.0)
4 Huo, Jeremiah                               14 Red Deer Tit                                     J5.35m 4.9
  5.01m(4.4) 5.16m(2.3) 5.35m(4.9) FOUL PASS PASS
5 Undseth, Brennan                            15 Caltaf Athle                                     5.24m 2.8
  5.24m(2.8) 4.76m(1.3) PASS PASS 5.12m(3.4) 4.90m(0.6)
6 Steger, Martin                               15 Caltaf Athle                                     5.08m 2.9
  4.98m(3.4) 4.83m(3.2) 4.85m(2.9) 4.38m(3.3) FOUL 5.08m(2.9)
7 Repato, Kelly                                14 St. Albert T                                     4.56m 4.0
  3.93m(2.5) 4.14m(1.2) 4.26m(2.4) 4.11m(2.4) 4.56m(4.0) 4.42m(3.3)
8 Stilman, Gefen                               15 Calgary Olym                                     4.51m 3.4
  4.51m(3.4) 3.17m(3.0) 4.15m(3.8) 4.24m(3.0) 4.29m(2.5) 4.16m(2.0)
9 Eckstein, Nathanael                          15 Caltaf Athle                                     4.10m 5.8
  3.91m(2.4) 4.02m(1.9) 4.10m(5.8)
10 Kalmakoff, Nathan                           14 Caltaf Athle                                     3.98m 3.0
  3.74m(2.4) 3.63m(0.7) 3.98m(3.0)
=====
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11 Meister, Patrick	14 Caltaf Athle	3.91m	3.3
3.91m(3.3) 3.50m(3.2) 3.90m(1.5)			
12 Thuna, Sean	14 Caltaf Athle	3.82m	2.7
3.82m(2.7) 3.53m(1.7) 3.63m(0.7)			

Boys Triple Jump Midget

=====			
Stadium: # 14.90m 20/07/2008 Jason Moss, Edmonton International			
Meet Record: ! 11.26m 22/07/2007 Clews, Alexander, U of C Athletics Club			
Name	Age Team	Finals	Wind
=====			
1 Posyluzny, Brayden	14 Red Deer Tit	11.09m	2.8
10.74m(2.1) 10.91m(2.6) FOUL(2.4) 10.55m(2.4) 10.70m(1.2) 11.09m(2.8)			
2 Huo, Jeremiah	14 Red Deer Tit	10.18m	4.2
FOUL 9.61m(2.8) FOUL 10.13m(1.7) 10.08m(1.8) 10.18m(4.2)			
3 Steger, Martin	15 Caltaf Athle	9.94m	2.5
9.06m(2.0) 9.07m(2.4) 9.66m(2.3) 9.94m(2.5) 9.75m(2.3) 9.84m(2.2)			
4 Stephen, Brent	15 Caltaf Athle	9.70m	2.2
8.80m(2.5) 8.67m(2.6) 8.72m(2.3) 9.70m(2.2) 7.66m(1.3) PASS			
-- Sprague, Cristian	15 Calgary Inte	X11.39m!	-3.0
10.73m(-1.1) 9.70m(-2.5) 10.29m(-4.4) 11.39m(-3.0) 10.85m(-3.0) 11.07m(-3.6)			

Boys Shot Put 4kg Midget

=====			
Stadium: # 12.29m 19/07/2008 Matthew Kushak, Neat			
Meet Record: ! 12.29m 19/07/2008 Matthew Kushak, Neat			
Name	Age Team	Finals	
=====			
1 Watt, Phillip	15 U OF C Athle	11.99m	
10.59m 10.56m 11.44m 10.75m 11.99m 11.67m			
2 Edwards, Keegan	15 Leduc Track	11.61m	
9.80m FOUL 10.12m 11.44m 11.61m 10.99m			
3 Schulz, Joshua	15 Unattached A	10.76m	
9.26m 8.55m 9.71m 9.72m 10.28m 10.76m			
4 Eckstein, Nathanael	15 Caltaf Athle	10.45m	
10.45m 7.93m 10.04m 9.96m 10.20m 10.07m			
5 Schalm, Matthew	15 Caltaf Athle	9.83m	
8.66m 9.12m 9.45m 8.95m 9.83m FOUL			
6 Huo, Jeremiah	14 Red Deer Tit	9.59m	
8.05m 8.89m 9.59m 8.85m FOUL 8.17m			
7 Stilman, Gefen	15 Calgary Olym	7.81m	
7.71m 7.81m 7.68m 7.77m 7.42m FOUL			
8 Kalmakoff, Nathan	14 Caltaf Athle	7.27m	
6.78m 6.81m 7.19m 7.27m FOUL 6.81m			

Boys Discus Throw 1kg Midget

=====			
Stadium: # 24.92m 12/07/2009 Eric Sinclair, St. Albert Track			
Meet Record: ! 34.68m 20/07/2008 Marc Dubeau, Neat			
Name	Age Team	Finals	
=====			
1 Edwards, Keegan	15 Leduc Track	39.20m!	
27.91m 38.54m 35.01m 39.20m FOUL FOUL			
2 Posyluzny, Brayden	14 Red Deer Tit	36.82m!	
30.21m 36.82m FOUL 35.54m FOUL FOUL			
3 Eckstein, Nathanael	15 Caltaf Athle	29.87m#	
21.50m 25.79m 29.87m FOUL 24.68m			
4 Huo, Jeremiah	14 Red Deer Tit	28.90m#	
27.66m 28.90m FOUL FOUL 26.68m 25.50m			
5 Kalmakoff, Nathan	14 Caltaf Athle	26.72m#	

24.54m 23.48m 22.41m 22.47m 24.32m 26.72m

Boys Hammer Throw 4kg Midget

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=====
Stadium: # 30.85m 19/07/2008 Matthew Kushak, Neat
Meet Record: ! 30.85m 19/07/2008 Matthew Kushak, NEAT
Name Age Team Finals
=====
1 Schalm, Matthew 15 Caltaf Athle 30.37m
  26.60m 26.97m 27.74m 28.76m FOUL 30.37m
2 Edwards, Keegan 15 Leduc Track 25.06m
  23.86m 25.06m FOUL 19.98m 22.97m PASS
3 Huo, Jeremiah 14 Red Deer Tit 21.17m
  21.17m 21.14m 19.67m PASS PASS 21.17m
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Boys Javelin Throw 600g Midget

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=====
Stadium: # 41.87m 19/07/2008 Marc Dubeau, Neat
Meet Record: ! 41.87m 19/07/2008 Marc Dubeau, Neat
Name Age Team Finals
=====
1 Schalm, Matthew 15 Caltaf Athle 33.34m
  30.33m 22.70m FOUL 31.83m 30.46m 33.34m
2 Huo, Jeremiah 14 Red Deer Tit 28.47m
  FOUL 25.41m 26.20m FOUL 28.47m FOUL
3 Edwards, Keegan 15 Leduc Track 26.20m
  26.20m 23.73m 15.32m 25.90m 24.35m FOUL
4 Meister, Patrick 14 Caltaf Athle 24.17m
  PASS PASS 18.57m FOUL 18.55m 24.17m
5 Kalmakoff, Nathan 14 Caltaf Athle 22.71m
  16.92m 21.80m 18.93m 20.64m 20.41m 22.71m
6 Vasanji, Sahad 14 Caltaf Athle 22.12m
  20.40m 21.23m 19.75m 19.53m 18.53m 22.12m
7 Posyluzny, Brayden 14 Red Deer Tit 21.64m
  21.64m PASS 19.91m 21.06m 19.19m FOUL
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Men 100 Meter Dash Youth

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=====
Stadium: # 10.41 11/07/2009 Brian Barnett, Capital City
Meet Record: ! 11.49 11/07/2009 Josepus Lacan, Edmonton Sprint Academy
Name Age Team Prelims Wind H#
=====
Preliminaries
1 King-McKenzie, Michael 17 Edmonton Har ! 11.48Q -1.6 1
2 Bymoan, Alexander 17 Calgary Inte 11.91Q -3.4 3
3 Harriott, Ian 16 Edmonton Oly 11.94Q -3.5 2
4 Roett, Landon 16 Calgary Inte 11.58Q -1.6 1
5 Dube-Mthembo, Andisiwe 17 Medicine Hat 12.06Q -3.4 3
6 Dell, Coleson 17 Calgary Spar 12.22Q -3.5 2
7 Kong, Tim 17 Edmonton Roy 11.74q -1.6 1
8 Meek, MACKENZIE 17 Calgary Inte 12.26q -3.5 2
9 Neil, Kevin 16 Calgary Inte 12.29 -1.6 1
10 Schempp, Kyle 16 Edmonton Har 12.37 -3.4 3
11 Crawford, Drew 17 Caltaf Athle 12.40 -1.6 1
12 Yuen, Casey 17 Caltaf Athle 12.46 -3.4 3
13 Boudreau, Paul 17 Caltaf Athle 12.56 -3.4 3
14 Campeau, RJ 17 Medicine Hat 12.64 -1.6 1
15 Luo, Jason 16 Edmonton Roy 12.72 -3.5 2
16 Chiles, Brian 16 Red Deer Tit 12.90 -3.5 2
17 Freeman, Grant 17 Capital City 12.97 -1.6 1
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18 Repato, Kevin	16 St. Albert T	13.04	-3.4	3
19 Summers, Austin	17 Capital City	13.33	-3.4	3

Men 100 Meter Dash Youth

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=====
Stadium: # 10.41 11/07/2009 Brian Barnett, Capital City
Meet Record: ! 11.49 11/07/2009 Josepus Lacan, Edmonton Sprint Academy
Name Age Team Finals Wind
=====
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Finals

1 King-McKenzie, Michael	17	Edmonton Har	11.37!	-3.0
2 Roett, Landon	16	Calgary Inte	11.57	-3.0
3 Kong, Tim	17	Edmonton Roy	11.66	-3.0
4 Bymoan, Alexander	17	Calgary Inte	11.86	-3.0
5 Harriott, Ian	16	Edmonton Oly	11.88	-3.0
6 Dell, Coleson	17	Calgary Spar	11.98	-3.0
7 Dube-Mthembo, Andisiwe	17	Medicine Hat	12.02	-3.0
8 Meek, MACKENZIE	17	Calgary Inte	12.03	-3.0

Preliminaries

9 Neil, Kevin	16	Calgary Inte
10 Schempp, Kyle	16	Edmonton Har
11 Crawford, Drew	17	Caltaf Athle
12 Yuen, Casey	17	Caltaf Athle
13 Boudreau, Paul	17	Caltaf Athle
14 Campeau, RJ	17	Medicine Hat
15 Luo, Jason	16	Edmonton Roy
16 Chiles, Brian	16	Red Deer Tit
17 Freeman, Grant	17	Capital City
18 Repato, Kevin	16	St. Albert T
19 Summers, Austin	17	Capital City

Men 200 Meter Dash Youth

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=====
Stadium: # 21.56 10/08/2007 Effah, Sam, Team Alberta
Meet Record: ! 22.40 20/07/2008 Mason Torresan, Edmonton Sprint Academy
Name Age Team Prelims Wind H#
=====
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1 King-McKenzie, Michael	17	Edmonton Har	22.55Q	-1.6	1
2 Roberts, Chris	17	Capital City	23.31Q	-2.2	2
3 Roett, Landon	16	Calgary Inte	23.79Q	-3.6	3
4 Harriott, Ian	16	Edmonton Oly	23.32Q	-2.2	2
5 Dell, Coleson	17	Calgary Spar	23.76Q	-1.6	1
6 Dube-Mthembo, Andisiwe	17	Medicine Hat	24.50Q	-3.6	3
7 Schempp, Kyle	16	Edmonton Har	23.84q	-2.2	2
8 Schaub, Richard	17	NEAT	24.09q	-1.6	1
9 Neil, Kevin	16	Calgary Inte	24.46	-1.6	1
10 Campeau, RJ	17	Medicine Hat	24.82	-1.6	1
11 Yuen, Casey	17	Caltaf Athle	24.91	-2.2	2
12 Boudreau, Paul	17	Caltaf Athle	25.05	-1.6	1
13 Crawford, Drew	17	Caltaf Athle	25.40	-3.6	3
14 St-Laurent, Revaud	17	Developing Futur	25.70	-3.6	3
15 Repato, Kevin	16	St. Albert T	26.36	-2.2	2
16 Meister, Charlie	16	Caltaf Athle	28.20	-3.6	3

Men 200 Meter Dash Youth

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=====
Stadium: # 21.56 10/08/2007 Effah, Sam, Team Alberta
Meet Record: ! 22.40 20/07/2008 Mason Torresan, Edmonton Sprint Academy
Name Age Team Finals Wind
=====
```


Finals

1	King-McKenzie, Michael	17	Edmonton Har	22.42	-2.2
2	Roberts, Chris	17	Capital City	23.34	-2.2
3	Roett, Landon	16	Calgary Inte	23.38	-2.2
4	Dell, Coleson	17	Calgary Spar	23.73	-2.2
5	Harriott, Ian	16	Edmonton Oly	23.90	-2.2
6	Dube-Mthembo, Andisiwe	17	Medicine Hat	23.93	-2.2
7	Schempp, Kyle	16	Edmonton Har	24.02	-2.2
8	Schaub, Richard	17	NEAT	24.60	-2.2

Preliminaries

9	Neil, Kevin	16	Calgary Inte
10	Campeau, RJ	17	Medicine Hat
11	Yuen, Casey	17	Caltaf Athle
12	Boudreau, Paul	17	Caltaf Athle
13	Crawford, Drew	17	Caltaf Athle
14	St-Laurent, Revaud	17	Developing Futur
15	Repato, Kevin	16	St. Albert T
16	Meister, Charlie	16	Caltaf Athle

Men 400 Meter Dash Youth

```
=====
Stadium: # 47.79 09/08/2007 Senick, Joel, Team Saskatchewan
Meet Record: ! 50.20 10/07/2010 Garrett King, Edmonton Olympic
Name Age Team Finals H#
=====
```

Finals

1	Roberts, Chris	17	Capital City	50.46	2
2	Kong, Tim	17	Edmonton Roy	50.81	2
3	Ivan, Alexander	17	Caltaf Athle	51.25	2
4	Dragicevic, Daniel	17	Calgary Warr	54.10	1
5	Clements, Bryce	17	Caltaf Athle	54.48	1
6	Nordmark, Daelin	16	Calgary Warr	54.65	2
7	Ekstedt, Evan	17	MAC Track (M	54.80	2
8	Cahoon, Patrick	17	U OF C Athle	55.37	1
9	Reitsma, Joel	17	Leduc Track	55.71	1
10	Yuen, Casey	17	Caltaf Athle	56.13	2
11	Laramee, Eric	17	NEAT	56.62	2
12	St-Laurent, Revaud	17	Developing Futur	57.25	1

Men 800 Meter Run Youth

```
=====
Stadium: # 1:53.22 11/08/2007 Mazzei, Darren, Team Saskatchewan
Meet Record: ! 1:56.35 20/07/2008 Trevor Schiavone, St. Albert Track
Name Age Team Finals H#
=====
```

1	Ivan, Alexander	17	Caltaf Athle	1:59.04	2
2	Quick, Michael	16	Calgary Spar	1:59.07	2
3	Penner, Isaac	15	Edmonton Har	2:01.56	2
4	Hilton, Trevor	16	Calgary Inte	2:02.17	2
5	Dragicevic, Daniel	17	Calgary Warr	2:02.74	2
6	Fitzgibbon, Chris	17	Caltaf Athle	2:04.20	2
7	Basher, Mitchell	16	Edmonton Har	2:04.96	2
8	Cakmak, Timurlane	16	Leduc Track	2:06.22	2
9	Christ, Adrian	17	Unattached A	2:08.37	1
10	Ekstedt, Evan	17	MAC Track (M	2:08.99	1
11	Nordmark, Daelin	16	Calgary Warr	2:09.91	1
12	Cahoon, Patrick	17	U OF C Athle	2:09.98	1
13	Crook, Cody	16	Calgary Warr	2:11.79	1
14	Andres, Alex	16	Leduc Track	2:13.11	1
15	Earl-Nagler, Kane	16	Lethbridge T	2:16.92	1

16 Shaw, Matthew 17 Caltaf Athle 2:18.60 1

Men 1500 Meter Run Youth

```

=====
Stadium: # 3:53.86 10/07/2010 Kip Kasongo, Running Room
Meet Record: ! 4:10.92 21/07/2007 Dhaliwal, Manpreet, Team BC
Name Age Team Finals
=====
1 Quick, Michael 16 Calgary Spar 4:07.11!
2 Christ, Adrian 17 Unattached A 4:14.07
3 Penner, Isaac 15 Edmonton Har 4:17.50
4 Groenewegen, Troy 16 Calgary Spar 4:19.28
5 Foster, Sean 17 Caltaf Athle 4:19.65
6 Hilton, Trevor 16 Calgary Inte 4:21.84
7 McDonald, Kieran 17 Unattached A 4:25.59
8 Fitzgibbon, Chris 17 Caltaf Athle 4:26.85
9 Payne, Stephen 16 Calgary Spar 4:30.98
10 Wunsch, Thomas 17 Unattached A 4:32.75
11 Erickson, Boyd 16 St. Albert T 4:33.35
12 Ekstedt, Evan 17 MAC Track (M 4:33.62
13 Crook, Cody 16 Calgary Warr 4:34.16
14 Shaw, Matthew 17 Caltaf Athle 4:53.50
15 Epp, Adam 17 MAC Track (M 4:55.74
-- Basher, Mitchell 16 Edmonton Har DNF

```

Men 3000 Meter Run Youth

```

=====
Stadium: # 8:44.79 11/08/2007 Sinclair, Matthew, Team Alberta
Meet Record: ! 10:04.01 11/07/2010 Will Madsen, MacEwan Track
Name Age Team Finals
=====
1 McDonald, Kieran 17 Unattached A 9:11.95!
2 Groenewegen, Troy 16 Calgary Spar 9:12.15!
3 Pennock, Russell 16 U OF C Athle 9:12.70!
4 Christ, Adrian 17 Unattached A 9:28.00!
5 Foster, Sean 17 Caltaf Athle 9:33.98!
6 Payne, Stephen 16 Calgary Spar 9:38.85!
7 Andres, Alex 16 Leduc Track 9:41.95!
8 Wunsch, Thomas 17 Unattached A 9:59.71!
9 Epp, Adam 17 MAC Track (M 10:44.03

```

Men 110 Meter Hurdles 36" Youth

```

=====
13.72m to first, 9.14m between
Stadium: # 15.07 10/07/2010 Alex Smith, Caltaf
Meet Record: ! 15.07 10/07/2010 Alex Smith, Caltaf
Name Age Team Finals Wind
=====
1 Crawford, Drew 17 Caltaf Athle 17.93 -3.6
2 Laramee, Eric 17 NEAT 22.45 -3.6

```

Men 300 Meter Hurdles 33" Youth

```

=====
50m to first, 35m between
Stadium: # 39.69 11/07/2010 Alex Smith, Caltaf
Meet Record: ! 39.69 11/07/2010 Alex Smith, Caltaf
Name Age Team Finals
=====
1 Kong, Tim 17 Edmonton Roy 39.67!
2 Clements, Bryce 17 Caltaf Athle 41.61

```

3 Laramee, Eric 17 NEAT 44.39

Men 2000 Meter Steeplechase 36" Youth

=====

18 barriers, 5 water jumps
 Stadium: # 7:17.57 21/07/2007 TJ Fairall, St. Albert Track
 Meet Record: ! 7:17.57 21/07/2007 Fairall, TJ, St Albert Track Club

Name	Age Team	Finals
1 Olguin, Cuauhti	16 Caltaf Athle	6:43.86!
-- Basher, Mitchell	16 Edmonton Har	DNF

Men 4x100 Meter Relay Youth

=====

Stadium: # 41.54 11/08/2007 BC WCSG Team, Team BC
 Fralick, Farrell, Charles, Giuffre

Team	Finals
1 Calgary International 'A'	44.30
1) Bymoen, Alexander 17	2) Meek, MACKENZIE 17
3) Neil, Kevin 16	4) Roett, Landon 16

Men 4x400 Meter Relay Youth

=====

Stadium: # 3:14.07 11/08/2007 AB WCSG Team, Team Alberta
 Josphe, Saizew, Sumani, Ratzlaff

Team	Finals
1 Leduc Track And Field Clu 'A'	3:35.30
2 Calgary Spartans 'A'	3:39.31
1) Dell, Coleson 17	2) Groenewegen, Troy 16
3) Payne, Stephen 16	4) Quick, Michael 16
3 Caltaf Athletic Associat 'A'	3:44.09
1) Boudreau, Paul 17	2) Crawford, Drew 17
3) Yuen, Casey 17	4) Clements, Bryce 17

Men High Jump Youth

=====

Stadium: # 2.04m 09/08/2007 Little, Paul, Team BC
 Meet Record: ! 1.85m 11/07/2009 Dean Sanders, Edmonton Sprint Academy

Name	Age Team	Finals
1 Schaub, Richard	17 NEAT	1.75m
1.55 1.60 1.65 1.70 1.75 1.80		
0 0 0 0 XXO XXX		
2 Ost, Austin	16 Caltaf Athle	1.70m
1.60 1.65 1.70 1.75		
0 0 0 XXX		
3 Chiles, Brian	16 Red Deer Tit	1.65m
1.45 1.50 1.55 1.60 1.65 1.70		
XO 0 0 0 XO XXX		

Men Pole Vault Youth

=====

Stadium: # 4.80m 20/07/2008 Deryk Theodore, Edmonton International
 Meet Record: ! 3.20m 21/07/2007 Barrett, Michael, U of C Athletics Club

Name	Age Team	Finals
1 Quigley, Matthew	17 Edmonton Int	2.70m
2.50 2.60 2.70 2.80 2.90		

O P O P XXX

Men Long Jump Youth

```

=====
Stadium: # 7.38m 11/07/2010 Wade Huber, Excel Athletica
Meet Record: ! 6.20m 11/07/2010 Sydney Labuele, MacEwan Track
Name Age Team Finals Wind
=====
1 Schaub, Richard 17 NEAT 6.32m 2.6
  5.62m(1.5) 5.85m(2.4) 5.73m(2.2) 5.49m(2.2) 6.09m(3.4) 6.32m(2.6)
2 Laramee, Eric 17 NEAT 5.77m 2.0
  FOUL(1.8) FOUL(3.0) FOUL(2.8) FOUL(1.7) 5.69m(1.6) 5.77m(2.0)
3 Ost, Austin 16 Caltaf Athle 5.70m 2.0
  5.25m(2.6) 5.70m(2.0) 5.52m(3.2) 5.40m(3.2) 5.52m(2.2) PASS
4 Luo, Jason 16 Edmonton Roy 5.62m 1.9
  5.39m(1.2) 5.53m(2.1) 5.55m(2.2) 5.54m(2.5) 5.62m(1.9) 5.51m(2.4)
5 Crawford, Drew 17 Caltaf Athle 5.41m 2.9
  PASS PASS 5.22m(1.9) 4.95m(2.6) 5.41m(2.9) 0.52m(1.9)
6 Chiles, Brian 16 Red Deer Tit 5.12m 2.2
  4.65m(1.3) 5.04m(1.4) 4.90m(2.2) 5.12m(2.2) FOUL(1.8) 4.96m(2.2)
7 Boudreau, Paul 17 Caltaf Athle 5.11m 2.0
  5.11m(2.0) FOUL(2.1) 3.92m(2.4) 4.75m(1.5) 4.19m(2.1) 5.05m(2.6)
=====

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Men Triple Jump Youth

```

=====
Stadium: # 14.90m 20/07/2008 Jason Moss, Edmonton International
Meet Record: ! 12.47m 22/07/2007 Walcz, Daniel, U of C Athletics Club
Name Age Team Finals Wind
=====
1 Ost, Austin 16 Caltaf Athle 12.32m -3.0
  11.81m(-3.0) 12.19m(-4.1) 12.12m(-1.8) 12.30m(-1.9) 12.19m(-2.7) 12.32m(-3.0)
2 Laramee, Eric 17 NEAT 12.29m -3.2
  11.03m(-4.0) 11.79m(-2.4) 11.89m(-2.8) 12.07m(-2.2) 12.29m(-3.2) 12.05m(-2.3)
3 Schaub, Richard 17 NEAT 12.11m -2.7
  11.53m(-5.9) FOUL 11.90m(-2.7) 11.65m(-2.9) 11.90m(-2.4) 12.11m(-2.7)
4 Luo, Jason 16 Edmonton Roy 10.90m -3.7
  10.49m(-1.8) 10.48m(-1.4) 10.42m(-3.2) 10.84m(-2.4) 10.87m(-3.2) 10.90m(-3.7)
5 Chiles, Brian 16 Red Deer Tit 10.69m -2.3
  FOUL FOUL 10.54m(-2.8) FOUL 10.69m(-2.3) 10.64m(-3.2)
=====

```

Men Shot Put 5kg Youth

```

=====
Stadium: # 10.94m 11/07/2009 Matthew Kushak, Edmonton Harriers
Meet Record: ! 10.94m 11/07/2009 Matthew Kushak, Edmonton Harriers
Name Age Team Finals
=====
1 Dubeau, Marc 17 NEAT 13.96m#
  13.81m 13.70m 13.96m 13.08m 13.35m 13.37m
2 Ost, Austin 16 Caltaf Athle 11.34m#
  11.05m 11.34m FOUL 10.61m 10.54m FOUL
=====

```

Men Discus Throw 1.5kg Youth

```

=====
Stadium: # 44.24m 11/07/2010 Pedro Diaz-Dallos, UCAC
Meet Record: ! 44.25m 11/07/2010 Pedro Diaz-Dallos, U of C Athletics Club
Name Age Team Finals
=====
1 Dubeau, Marc 17 NEAT 40.87m
  36.14m FOUL 40.87m 35.67m FOUL 37.02m
2 Yee, Daniel 17 U OF C Athle 36.55m
=====

```

	27.65m	33.58m	33.42m	34.25m	35.59m	36.55m	
3	Ost, Austin			16	Caltaf Athle		31.28m
	26.57m	29.67m	27.65m	30.15m	28.92m	31.28m	
4	Anderson, Stephen			17	Unattached A		29.03m
	29.03m	28.30m	27.81m	26.90m	27.55m	FOUL	

Men Hammer Throw 5kg Youth

```
=====
Stadium: # 63.87m 10/07/2010 Pedro Diaz-Pallos, UCAC
Meet Record: ! 63.87m 10/07/2010 Pedro Diaz-Pallos, U of C Athletics Club
Name Age Team Finals
=====
```

1	Yee, Daniel			17	U OF C Athle		43.50m
	41.69m	40.80m	41.92m	41.48m	FOUL	43.50m	

Men Javelin Throw 700g Youth

```
=====
Stadium: # 49.10m 11/07/2010 Lee Beamish, Unattached AB
Meet Record: ! 46.61m 11/07/2010 Marc Dubeau, Neat
Name Age Team Finals
=====
```

1	Dubeau, Marc			17	NEAT		51.63m#
	46.84m	51.63m	FOUL	FOUL	50.79m	50.14m	
2	Ost, Austin			16	Caltaf Athle		45.83m
	44.02m	45.83m	FOUL	FOUL	41.30m	41.95m	
3	Laramee, Eric			17	NEAT		43.29m
	FOUL	41.94m	38.80m	43.29m	35.86m	38.77m	
4	Meister, Charlie			16	Caltaf Athle		27.06m
	20.15m	27.06m	FOUL	FOUL	FOUL	FOUL	

Men 100 Meter Dash Junior

```
=====
Stadium: # 10.41 11/07/2009 Brian Barnett, Capital City
Meet Record: ! 11.10 10/07/2010 Benjamin Williams, Voleo Athletics
Name Age Team Prelims Wind H#
=====
```

Preliminaries

1	Ohrt, Shane			18	Edmonton Har		11.12Q	-2.4	2
2	Schaeffer, Matthew			18	U OF C Athle		11.74Q	-2.5	1
3	Williams, Benjamin			19	Voleo Athlet		11.15Q	-2.4	2
4	Byron, Darrio			18	Edmonton Har		11.91Q	-2.5	1
5	Bullen, Brayden			18	Calgary Inte		11.48Q	-2.4	2
6	Bridgeman, Don			18	Lethbridge T		11.96Q	-2.5	1
7	Pho, Calvin			18	Edmonton Har		12.11q	-2.4	2
8	Ezeta, Mariano			18	Calgary Spar		12.11q	-2.5	1
9	Coy, Jesaiah			18	Calgary Olym		12.25	-2.4	2
10	Hargreaves, Eric			18	Unattached A		12.27	-2.4	2
11	Kinley, George			19	NEAT		12.51	-2.5	1

Men 100 Meter Dash Junior

```
=====
Stadium: # 10.41 11/07/2009 Brian Barnett, Capital City
Meet Record: ! 11.10 10/07/2010 Benjamin Williams, Voleo Athletics
Name Age Team Finals Wind
=====
```

Finals

1	Williams, Benjamin			19	Voleo Athlet		11.40	-4.4
2	Ohrt, Shane			18	Edmonton Har		11.43	-4.4
3	Schaeffer, Matthew			18	U OF C Athle		11.68	-4.4
4	Bullen, Brayden			18	Calgary Inte		11.78	-4.4

5	Bridgeman, Don	18	Lethbridge T	12.04	-4.4
6	Byron, Darrio	18	Edmonton Har	12.15	-4.4
7	Ezeta, Mariano	18	Calgary Spar	12.15	-4.4
8	Pho, Calvin	18	Edmonton Har	12.38	-4.4
Preliminaries					
9	Coy, Jesaiah	18	Calgary Olym		
10	Hargreaves, Eric	18	Unattached A		
11	Kinley, George	19	NEAT		

Men 200 Meter Dash Junior

=====					
Stadium: # 21.56 10/08/2007 Effah, Sam, Team Alberta					
Meet Record: ! 22.12 11/07/2010 Stepehen McPhee, Capital City					
Name	Age	Team	Prelims	Wind	H#
=====					
1	Ohrt, Shane	18	Edmonton Har	22.35Q	-3.2 1
2	Williams, Benjamin	19	Voleo Athlet	22.71Q	-3.5 2
3	Bullen, Brayden	18	Calgary Inte	22.82Q	-3.2 1
4	Bridgeman, Don	18	Lethbridge T	23.89Q	-3.5 2
5	Schaeffer, Matthew	18	U OF C Athle	22.83Q	-3.2 1
6	Byron, Darrio	18	Edmonton Har	24.33Q	-3.5 2
7	Ezeta, Mariano	18	Calgary Spar	23.88q	-3.2 1
8	Arychuk, Stephen	18	Edmonton Har	23.97q	-3.2 1
9	Coy, Jesaiah	18	Calgary Olym	24.15	-3.2 1
10	Sierko, Kristopher	18	Edmonton Har	24.85	-3.5 2
11	Pho, Calvin	18	Edmonton Har	25.23	-3.5 2

Men 200 Meter Dash Junior

=====					
Stadium: # 21.56 10/08/2007 Effah, Sam, Team Alberta					
Meet Record: ! 22.12 11/07/2010 Stepehen McPhee, Capital City					
Name	Age	Team	Finals	Wind	
=====					
Finals					
1	Ohrt, Shane	18	Edmonton Har	21.90!	-1.7
2	Williams, Benjamin	19	Voleo Athlet	22.31	-1.7
3	Schaeffer, Matthew	18	U OF C Athle	22.38	-1.7
4	Bullen, Brayden	18	Calgary Inte	22.53	-1.7
5	Bridgeman, Don	18	Lethbridge T	23.45	-1.7
6	Ezeta, Mariano	18	Calgary Spar	23.63	-1.7
7	Arychuk, Stephen	18	Edmonton Har	24.05	-1.7
8	Byron, Darrio	18	Edmonton Har	24.13	-1.7
Preliminaries					
9	Coy, Jesaiah	18	Calgary Olym		
10	Sierko, Kristopher	18	Edmonton Har		
11	Pho, Calvin	18	Edmonton Har		

Men 400 Meter Dash Junior

=====					
Stadium: # 47.79 09/08/2007 Senick, Joel, Team Saskatchewan					
Meet Record: ! 49.69 10/07/2010 Mitchell Home, Capital City					
Name	Age	Team	Finals	H#	
=====					
Finals					
1	Home, Mitchell	19	Capital City	49.35!	2
2	Smith, Tyler	17	Leduc Track	49.45!	2
3	Coy, Jesaiah	18	Calgary Olym	50.85	2
4	Arychuk, Stephen	18	Edmonton Har	51.14	2
5	Ilkiw, Kristofor	18	Edmonton Har	51.93	2
6	Weicker, Aaron	19	St. Albert T	52.32	2

7	Sierko, Kristopher	18	Edmonton Har	53.23	1
8	Ebeling, Kurt	18	U OF C Athle	53.76	1
9	Trautman, Darryl	18	Leduc Track	54.17	1
10	Ezeta, Mariano	18	Calgary Spar	54.51	2
11	Lawrence, Alexander	19	NEAT	58.33	1

Men 800 Meter Run Junior

```
=====
Stadium: # 1:53.22 11/08/2007 Mazzei, Darren, Team Saskatchewan
Meet Record: ! 1:56.13 11/07/2010 Karl Robertson, Leduc Track
Name Age Team Finals
=====
```

1	Smith, Tyler	17	Leduc Track	1:54.49!
2	Peterson, Cole	18	Edmonton Har	1:56.38
3	Coy, Jesaiah	18	Calgary Olym	1:56.79
4	Bocksnick, Jackson	19	Unattached A	1:58.28
5	Neal, Sam	18	Calgary Inte	1:59.36
6	Home, Mitchell	19	Capital City	2:01.57
7	Hacking, Donovan	19	Edmonton Thu	2:02.09
8	Ebeling, Kurt	18	U OF C Athle	2:02.84
9	Weicker, Aaron	19	St. Albert T	2:04.39
10	Ilkiw, Kristofor	18	Edmonton Har	2:04.54
11	Buerger, Brett	18	MAC Track (M	2:08.21

Men 1500 Meter Run Junior

```
=====
Stadium: # 3:53.86 10/07/2010 Kip Kasongo, Running Room
Meet Record: ! 4:03.57 10/07/2010 Cole Peterson, Edmonton Harriers
Name Age Team Finals
=====
```

1	Smith, Tyler	17	Leduc Track	4:00.76!
2	Bocksnick, Jackson	19	Unattached A	4:03.81
3	Peterson, Cole	18	Edmonton Har	4:11.18
4	Tsaru Tume, Merhau	19	Caltaf Athle	4:12.24
5	Galea, Matthew	18	Caltaf Athle	4:13.45
6	Erickson, Kyle	19	St. Albert T	4:18.65
7	Medinski, Micah	18	MAC Track (M	4:21.86
8	Buerger, Brett	18	MAC Track (M	4:37.71
--	Neal, Sam	18	Calgary Inte	DNF

Men 5000 Meter Run Junior

```
=====
Stadium: # 14:15.32 11/07/2010 Kip Kasongo, Running Room
Name Age Team Finals
=====
```

1	Tsaru Tume, Merhau	19	Caltaf Athle	15:53.52
2	Galea, Matthew	18	Caltaf Athle	16:23.48
3	Medinski, Micah	18	MAC Track (M	16:59.19
4	Aucoin, Curtis	18	Edmonton Thu	17:55.00

Men 110 Meter Hurdles 39" Junior

```
=====
13.72m to first, 9.14m between
Stadium: # 15.84 19/07/2008 Goran Miletic, Edmonton Royals
Meet Record: ! 15.84 19/07/2008 Goran Miletic, Edmonton Royals
Name Age Team Finals Wind
=====
```

1	Arychuk, Stephen	18	Edmonton Har	15.90	-3.6
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Men 400 Meter Hurdles 36" Junior

```

=====
45m to first, 35m between
  Stadium: # 53.06 11/08/2007 Jospheh, Nigel, Team Alberta
  Name           Age Team           Finals
=====
1 Arychuk, Stephen      18 Edmonton Har      58.65

```

Men 3000 Meter Steeplechase 36" Junior

```

=====
28 barriers, 7 water jumps
  Stadium: # 9:13.10 10/07/2010 Travis McKay, Edmonton Thunder
  Name           Age Team           Finals
=====
1 Werner, Tom          19 Medicine Hat      10:58.56

```

Men 4x400 Meter Relay Junior

```

=====
  Stadium: # 3:14.07 11/08/2007 AB WCSG Team, Team Alberta
  Jospheh, Saizew, Sumani, Ratzlaff
  Meet Record: ! 3:25.04 10/07/2010 U of C Athletics Club, U of C Athletics Cl
  Team           Finals
=====
1 Caltaf Athletic Associat 'A'          3:42.51
  1) Fitzgibbon, Chris 17                2) Foster, Sean 17
  3) Galea, Matthew 18                    4) Tsaru Tume, Merhau 19

```

Men High Jump Junior

```

=====
  Stadium: # 2.04m 09/08/2007 Little, Paul, Team BC
  Meet Record: ! 1.85m 10/07/2010 Pat Collins, U of C Athletics Club
  Name           Age Team           Finals
=====
1 Hayes, Connor      18 Capital City      1.85m!
  1.75 1.80 1.85 1.90
  O   XO   O   XXX

```

Men Pole Vault Junior

```

=====
  Stadium: # 4.80m 20/07/2008 Deryk Theodore, Edmonton International
  Meet Record: ! 3.80m 11/07/2010 Lyndon Goodwin, U of C Athletics Club
  Name           Age Team           Finals
=====
1 Ogeil, Luke        18 U OF C Athle      3.96m!
  3.86 3.96 4.06
  XXO  XO  XXX
2 Choi, Andrew       19 Edmonton Int      3.86m!
  3.86 3.96 4.06
  O   P  XXX

```

Men Long Jump Junior

```

=====
  Stadium: # 7.38m 11/07/2010 Wade Huber, Excel Athletica
  Meet Record: ! 6.98m 11/07/2010 Stephen McPhee, Capital City
  Name           Age Team           Finals   Wind
=====
1 Kostelnik, Teodor  18 Capital City      7.14m   2.3
  6.61m(1.6) FOUL  6.28m(1.3) PASS  6.72m(3.2) 7.14m(2.3)
2 Hayes, Connor     18 Capital City      6.02m   2.0
  5.83m(2.9) 4.60m(2.0) 5.83m(2.1) 5.86m(1.0) 6.00m(2.4) 6.02m(2.0)
3 Dupuis, Eric      18 NEAT              5.99m   3.1

```


5.77m(1.4) 5.99m(3.1) 5.45m(2.2) 5.60m(2.1) 5.74m(3.3) FOUL
 4 Kinley, George 19 NEAT 5.89m 1.7
 5.87m(1.8) FOUL 5.89m(1.7) FOUL 5.87m(3.6) FOUL
 5 Karidio, Ismail 19 Capital City 5.79m 1.9
 5.75m(1.4) 5.79m(1.9) 5.69m(1.2) FOUL 5.40m(2.4) 5.61m(1.2)
 6 Lawrence, Alexander 19 NEAT 5.12m 4.2
 4.93m(1.6) 5.12m(4.2) 3.76m(1.8) 5.04m(+0.0) 5.01m(1.1) 4.79m(2.2)

Men Triple Jump Junior

=====
 Stadium: # 14.90m 20/07/2008 Jason Moss, Edmonton International
 Meet Record: ! 13.51m 10/07/2010 Eric Dupuis, Neat
 Name Age Team Finals Wind
 =====
 1 Karidio, Ismail 19 Capital City 12.77m -2.6
 12.10m(NWI) 12.27m(NWI) 12.53m(NWI) 12.66m(-2.0) 12.77m(-2.6) 12.43m(-2.5)
 2 Dupuis, Eric 18 NEAT 12.42m -1.6
 11.98m(-3.5) FOUL 12.02m(-3.3) 12.14m(-2.5) 12.42m(-1.6) FOUL
 3 Kinley, George 19 NEAT 12.22m -1.6
 FOUL 12.17m(-1.7) 11.86m(-1.5) 12.01m(1.5) 11.80m(-1.8) 12.22m(-1.6)

Men Shot Put 6kg Junior

=====
 Stadium: # 15.46m 10/07/2010 Steven Link, UCAC
 Meet Record: ! 15.46m 10/07/2010 Steven Link, U of C Athletics Club
 Name Age Team Finals
 =====
 1 Kushak, Matthew 18 Leduc Track 12.05m
 FOUL 12.00m 12.05m FOUL FOUL FOUL
 2 Froese, Jonathan 18 U OF A Athle 11.50m
 10.41m 10.32m 10.03m 10.36m 11.50m 9.30m
 3 Bracko, Brandon 19 Caltaf Athle 11.16m
 10.55m 11.02m 10.84m 11.07m 11.05m 11.16m
 4 Lawrence, Alexander 19 NEAT 9.56m
 9.56m FOUL 8.94m 8.58m 9.05m FOUL

Men Discus Throw 1.75kg Junior

=====
 Stadium: # 45.10m 11/07/2010 Steven Link, UCAC
 Meet Record: ! 45.10m 11/07/2010 Steven Link, U of C Athletics Club
 Name Age Team Finals
 =====
 1 Diaz, Pedro 18 U OF C Athle 38.63m
 FOUL 34.58m 35.85m 38.63m FOUL FOUL
 2 Bracko, Brandon 19 Caltaf Athle 32.95m
 32.55m 30.75m 31.93m FOUL 31.56m 32.95m
 3 Froese, Jonathan 18 U OF A Athle 28.00m
 26.46m 27.50m 26.52m 23.81m 28.00m FOUL
 4 Lawrence, Alexander 19 NEAT 17.87m
 FOUL 17.87m PASS PASS PASS PASS

Men Hammer Throw 6kg Junior

=====
 Stadium: # 62.63m 10/07/2010 Ryan Tarnarva, Chinook Track
 Meet Record: ! 62.63m 10/07/2010 Ryan Tarnarva, Chinook Track
 Name Age Team Finals
 =====
 1 Diaz, Pedro 18 U OF C Athle 60.47m
 59.85m 60.47m 56.58m 56.58m 57.92m 57.03m
 2 Kushak, Matthew 18 Leduc Track 33.27m

FOUL FOUL FOUL FOUL FOUL 33.27m

Men Javelin Throw 800g Junior

```

=====
Stadium: # 71.50m 09/08/2007 Moss, Curtis, Team BC
Meet Record: ! 63.01m 11/07/2010 Marcus Watson, U of C Athletics Club
Name Age Team Finals
=====
1 Hayes, Connor 18 Capital City 44.96m
39.83m 42.61m FOUL 41.33m 41.03m 44.96m
2 Bracko, Brandon 19 Caltaf Athle 36.65m
FOUL 35.02m 36.65m FOUL FOUL FOUL
3 Lawrence, Alexander 19 NEAT 34.33m
34.33m FOUL 33.00m FOUL 32.51m FOUL
=====

```

Men 100 Meter Dash Senior

```

=====
Stadium: # 10.41 11/07/2009 Brian Barnett, Capital City
Meet Record: ! 10.41 11/07/2009 Brian Barnett, Capital City
Name Age Team Prelims Wind H#
=====
Preliminaries
1 Rolle, Thomas 30 U OF A Athle 11.27Q -1.9 1
2 Reddy, Julian 23 Edmonton Int 11.51Q -4.7 2
3 Lim, Kevin 23 U OF C Athle 11.52Q -1.9 1
4 Choo, Felix 27 Calgary Spar 11.60Q -4.7 2
5 Rynn, Isaac 22 Caltaf Athle 11.61Q -1.9 1
6 Charles, Ricardo 23 U OF C Athle 11.67Q -4.7 2
7 Clark, Adam 21 U OF C Athle 11.81q -4.7 2
8 Williams, Tyrone 22 U OF C Athle 11.87q -1.9 1
9 Minton, Corey 20 Calgary Warr 11.97 -4.7 2
10 Gallimore, Richard 22 Calgary Spar 11.99 -1.9 1
11 Robinson, Tim 41 Edmonton Mas 12.01 -1.9 1
12 Johnston, Trent 21 U OF C Athle 12.23 -4.7 2
=====

```

Men 100 Meter Dash Senior

```

=====
Stadium: # 10.41 11/07/2009 Brian Barnett, Capital City
Meet Record: ! 10.41 11/07/2009 Brian Barnett, Capital City
Name Age Team Finals Wind
=====
Finals
1 Reddy, Julian 23 Edmonton Int 11.20 -3.4
2 Charles, Ricardo 23 U OF C Athle 11.30 -3.4
3 Lim, Kevin 23 U OF C Athle 11.47 -3.4
4 Choo, Felix 27 Calgary Spar 11.59 -3.4
5 Rynn, Isaac 22 Caltaf Athle 11.69 -3.4
6 Clark, Adam 21 U OF C Athle 11.71 -3.4
7 Williams, Tyrone 22 U OF C Athle 12.16 -3.4
Preliminaries
1 Rolle, Thomas 30 U OF A Athle
9 Minton, Corey 20 Calgary Warr
10 Gallimore, Richard 22 Calgary Spar
11 Robinson, Tim 41 Edmonton Mas
12 Johnston, Trent 21 U OF C Athle
=====

```

Men 200 Meter Dash Senior

```

=====
Stadium: # 21.56 10/08/2007 Effah, Sam, Team Alberta
Meet Record: ! 21.57 11/07/2010 Thomas Rolle, U of A Athletic Club
=====

```

Name	Age	Team	Prelims	Wind	H#
1 Charles, Ricardo	23	U OF C Athle	22.54Q	-3.4	1
2 Lim, Kevin	23	U OF C Athle	22.63Q	-1.6	2
3 Reddy, Julian	23	Edmonton Int	22.66Q	-3.4	1
4 Breski, Josh	20	U OF C Athle	22.77Q	-1.6	2
5 Rynn, Isaac	22	Caltaf Athle	23.31Q	-1.6	2
6 Clark, Adam	21	U OF C Athle	23.48Q	-3.4	1
7 Johnston, Trent	21	U OF C Athle	23.63q	-1.6	2
8 Gallimore, Richard	22	Calgary Spar	23.71q	-3.4	1
9 Clark, Steven	20	Caltaf Athle	23.76	-3.4	1
10 Williams, Tyrone	22	U OF C Athle	23.92	-1.6	2
11 Krolikowski, MACIEK	20	U OF C Athle	24.04	-1.6	2

Men 200 Meter Dash Senior

Stadium: # 21.56 10/08/2007 Effah, Sam, Team Alberta
 Meet Record: ! 21.57 11/07/2010 Thomas Rolle, U of A Athletic Club

Name	Age	Team	Finals	Wind
------	-----	------	--------	------

Finals

1 Reddy, Julian	23	Edmonton Int	21.77	-2.4
2 Charles, Ricardo	23	U OF C Athle	21.92	-2.4
3 Lim, Kevin	23	U OF C Athle	21.99	-2.4
4 Breski, Josh	20	U OF C Athle	22.51	-2.4
5 Clark, Adam	21	U OF C Athle	22.62	-2.4
6 Johnston, Trent	21	U OF C Athle	23.05	-2.4
7 Rynn, Isaac	22	Caltaf Athle	23.10	-2.4
8 Gallimore, Richard	22	Calgary Spar	23.54	-2.4

Preliminaries

9 Clark, Steven	20	Caltaf Athle		
10 Williams, Tyrone	22	U OF C Athle		
11 Krolikowski, MACIEK	20	U OF C Athle		

Men 400 Meter Dash Senior

Stadium: # 47.79 09/08/2007 Senick, Joel, Team Saskatchewan
 Meet Record: ! 48.63 11/07/2009 Michael Saizew, Caltaf

Name	Age	Team	Finals	H#
------	-----	------	--------	----

Finals

1 Saizew, Michael	24	Caltaf Athle	49.01	2
2 Theriault, Madison	23	Caltaf Athle	49.91	2
3 Breski, Josh	20	U OF C Athle	50.33	2
4 Murray, Kyle	22	Chinook Trac	51.08	2
5 Ratzlaff, Scott	21	Caltaf Athle	51.77	1
6 Rynn, Isaac	22	Caltaf Athle	51.91	2
7 Krolikowski, MACIEK	20	U OF C Athle	52.16	1
8 Gaertner, Christopher	20	Edmonton Har	52.79	1

Men 800 Meter Run Senior

Stadium: # 1:53.22 11/08/2007 Mazzei, Darren, Team Saskatchewan
 Meet Record: ! 1:53.89 11/07/2010 Jaden Ostopowich, Edmonton Thunder

Name	Age	Team	Finals
1 Nicol, Scott	23	U OF C Athle	1:52.29#
2 Theriault, Madison	23	Caltaf Athle	1:52.31#
3 Saizew, Michael	24	Caltaf Athle	1:52.95#
4 Laporte, Charles-Oliver	25	Laval Rouge & Or	1:53.07#

5	Russell, Ryan	23	Calgary Inte	1:53.85!
6	Sportak, Kenton	20	U OF C Athle	1:55.08
7	Bickley, Brad	20	U OF C Athle	1:55.64
8	Dib, Abdelkader	22	Caltaf Athle	1:57.02
9	Falk, David	23	Edmonton Thu	2:02.54
10	Ratzlaff, Scott	21	Caltaf Athle	2:03.88
11	Gaertner, Christopher	20	Edmonton Har	2:05.84

Men 1500 Meter Run Senior

```
=====
```

Stadium: #	3:53.86	10/07/2010	Kip Kasongo, Running Room	
Meet Record: !	3:53.86	10/07/2010	Kip Kasongo, Running Room	
Name		Age Team	Finals	
=====				
1	Nicol, Scott	23	U OF C Athle	3:53.47!
2	Corrigan, Peter	22	Running Room	3:54.60
3	Theriault, Madison	23	Caltaf Athle	3:55.52
4	Bickley, Brad	20	U OF C Athle	4:00.85
5	Sportak, Kenton	20	U OF C Athle	4:05.45
6	Majock, Nyial	21	Caltaf Athle	4:16.05
--	Back, Joseph	26	Edmonton Thu	DNF

Men 5000 Meter Run Senior

```
=====
```

Stadium: #	14:15.32	11/07/2010	Kip Kasongo, Running Room	
Meet Record: !	14:15.32	11/07/2010	Kip Kangogo, Running Room	
Name		Age Team	Finals	
=====				
1	Majock, Nyial	21	Caltaf Athle	15:14.78
2	Bickley, Bradley	20	U OF C Athle	15:35.39

Men 110 Meter Hurdles 42" Senior

```
=====
```

13.72m to first, 9.14m between				
Stadium: #	14.78	11/07/2009	Jackson Hinton, Edmonton International	
Meet Record: !	14.78	11/07/2009	Jackson Hinton, Edmonton International	
Name		Age Team	Finals	Wind
=====				
1	Hinton, Jackson	30	Edmonton Int	15.31 -2.8
2	Thomas, Craig	21	U OF C Athle	15.90 -2.8
3	Tasker, Ryan	20	U OF C Athle	16.01 -2.8
4	Hayes, Clayton	23	Capital City	17.99 -2.8

Men 400 Meter Hurdles 36" Senior

```
=====
```

45m to first, 35m between				
Stadium: #	53.06	11/08/2007	Jospeh, Nigel, Team Alberta	
Meet Record: !	54.48	11/07/2010	Trent Ratzlaff, Caltaf	
Name		Age Team	Finals	
=====				
1	Joseph, Nigel	25	Calgary Inte	53.33!
2	Hayes, Clayton	23	Capital City	56.00
--	Nystuen, Tait	20	Excel Athletika	X51.63#

Men 3000 Meter Steeplechase 36" Senior

```
=====
```

28 barriers, 7 water jumps				
Stadium: #	9:13.10	10/07/2010	Travis McKay, Edmonton Thunder	
Meet Record: !	9:13.10	10/07/2010	Travis McKay, Edmonton Thunder	
Name		Age Team	Finals	

```

=====
1 McKay, Travis                26 Edmonton Thu                9:29.58
2 Dib, Abdelkader              22 Caltaf Athle                 9:50.79
3 Law, Graeme                  21 Edmonton Thu                10:14.80
4 Werner, Christopher          22 Unattached A                 10:52.44
=====

```

Men 4x100 Meter Relay Senior

```

=====
Stadium: # 41.54 11/08/2007 BC WCSG Team, Team BC
Fralick, Farrell, Charles, Giuffre
Meet Record: ! 42.09 21/07/2007 BC WCSG Team, Team BC
Farrell, Fralick, Giuffre, Charles
Team                                                    Finals
=====
1 U OF C Athletics Club 'A'                            43.93
2 Calgary Spartans 'A'                                44.30
   1) Dell, Coleson 17                                2) Gallimore, Richard 22
   3) Ezeta, Mariano 18                              4) Choo, Felix 27
=====

```

Men 4x400 Meter Relay Senior

```

=====
Stadium: # 3:14.07 11/08/2007 AB WCSG Team, Team Alberta
Jospheh, Saizew, Sumani, Ratzlaff
Meet Record: ! 3:26.24 10/07/2010 U of C Athletics Club, U of C Athletics Cl
Team                                                    Finals
=====
1 Caltaf Athletic Associat 'A'                        3:19.94!
2 U OF C Athletics Club 'A'                          3:20.21!
=====

```

Men High Jump Senior

```

=====
Stadium: # 2.04m 09/08/2007 Little, Paul, Team BC
Meet Record: ! 2.00m 21/07/2007 Little, Paul, Team BC
Name                Age Team                                                    Finals
=====
1 Thomas, Craig      21 U OF C Athle                1.75m
   1.70 1.75 1.80
   O   O   XXX
=====

```

Men Pole Vault Senior

```

=====
Stadium: # 4.80m 20/07/2008 Deryk Theodore, Edmonton International
Meet Record: ! 4.80m 20/07/2008 Deryk Theodore, Edmonton International
Name                Age Team                                                    Finals
=====
1 Cunningham, Marcus 25 Unattached A                3.66m
   3.36 3.46 3.56 3.66 3.76
   O   O   O   O   XXX
-- Theodore, Deryk  22 Edmonton Int                NH
   5.06
   XXX
-- Thomas, Craig    21 U OF C Athle                NH
   3.86
   XXX
=====

```

Men Long Jump Senior

```

=====
Stadium: # 7.38m 11/07/2010 Wade Huber, Excel Athletica
Meet Record: ! 7.38m 11/07/2010 Wade Huber, Excel Athletika
Name                Age Team                                                    Finals  Wind
=====

```

```

=====
1 McPhee, Stephen          20 Capital City          7.17m  5.2
   FOUL          FOUL          FOUL          7.17m(5.2) PASS          PASS
2 Choo, Felix              27 Calgary Spar          6.40m  2.4
   6.20m(2.1) 6.40m(2.4) FOUL          6.25m(3.6) FOUL          5.98m(1.1)
3 Minton, Corey           20 Calgary Warr          6.26m  3.5
   FOUL          5.97m(3.4) FOUL          FOUL          6.26m(3.5) FOUL
4 Johnston, Trent         21 U OF C Athle          6.18m  2.2
   6.11m(2.2) 6.13m(3.5) 5.99m(2.1) 5.71m(3.5) 6.04m(1.4) 6.18m(2.2)
5 Booth, Riley             20 U OF C Athle          6.10m  2.8
   5.99m(3.0) 6.06m(4.7) 5.95m(1.3) 5.96m(1.9) 6.10m(2.8) FOUL
6 Hayes, Clayton         23 Capital City          5.97m  4.7
   5.93m(2.6) FOUL          5.93m(1.4) FOUL          5.97m(4.7) 5.82m(2.2)
=====

```

Men Triple Jump Senior

```

=====
Stadium: # 14.90m 20/07/2008 Jason Moss, Edmonton International
Meet Record: ! 14.90m 20/07/2008 Jason Moss, Edmonton International
Name          Age Team          Finals Wind
=====
1 Booth, Riley      20 U OF C Athle          13.03m -1.2
   FOUL(-3.3) FOUL(-2.3) FOUL(-3.9) FOUL(-2.1) FOUL(-1.9) 13.03m(NWI)
2 Johnston, Trent  21 U OF C Athle          12.75m -2.9
   11.90m(-2.9) 12.26m(-3.2) 12.55m(-1.1) 12.48m(-1.7) 12.75m(-2.9) 11.48m(-3.7)
3 Minton, Corey    20 Calgary Warr          12.24m -3.5
   FOUL(-2.4) FOUL(-2.3) FOUL(-2.8) FOUL(-2.5) FOUL(-1.5) 12.24m(-3.5)
=====

```

Men Shot Put 7.26kg Senior

```

=====
Stadium: # 15.02m 08/08/2007 Greif, Justin, Team Saskatchewan
Meet Record: ! 13.45m 11/07/2009 Henry Ferreira, Neat
Name          Age Team          Finals
=====
1 Link, Steven      20 U OF C Athle          13.27m
   13.27m FOUL FOUL 12.16m 13.21m FOUL
2 Thomas, Craig     21 U OF C Athle          12.50m
   12.19m 12.23m FOUL 11.89m 12.50m FOUL
3 McPhee, Stephen  20 Capital City          12.22m
   11.47m 12.22m 11.71m FOUL 11.82m 11.07m
4 Cunningham, Marcus 25 Unattached A          11.37m
   FOUL 11.37m FOUL FOUL FOUL FOUL
=====

```

Men Discus Throw 2kg Senior

```

=====
Stadium: # 46.71m 10/08/2007 Sedor, Matt, Team Manitoba
Meet Record: ! 45.82m 22/07/2007 McDonald, Darren, Team Alberta
Name          Age Team          Finals
=====
1 Link, Steven      20 U OF C Athle          43.08m
   39.59m FOUL 40.87m 41.14m 43.08m 40.79m
2 Thomas, Craig     21 U OF C Athle          34.75m
   32.72m 34.75m FOUL 33.38m FOUL 33.20m
3 Cunningham, Marcus 25 Unattached A          34.04m
   33.03m 32.95m 31.25m FOUL 34.04m 30.28m
=====

```

Men Hammer Throw 7.26kg Senior

```

=====
Stadium: # 62.10m 21/07/2007 Stacey, Sean, Team Alberta
Meet Record: ! 62.10m 21/07/2007 Stacey, Sean, Team Alberta
Name          Age Team          Finals
=====

```

```

=====
1 Steacy, James          27 Chinook Trac          74.91m#
   74.39m 74.91m FOUL 72.85m FOUL FOUL
2 Suppes, Garth         24 Flying M Athleti     56.41m
   FOUL 50.86m FOUL FOUL 55.01m 56.41m
3 Link, Steven          20 U OF C Athle        42.71m
   42.71m FOUL FOUL FOUL 41.30m 41.80m
4 Wilson, Kier           40 Unattached A         40.07m
   37.62m 39.77m 38.53m 40.07m 39.70m FOUL
=====

```

Men Javelin Throw 800g Senior

```

=====
Stadium: # 71.50m 09/08/2007 Moss, Curtis, Team BC
Meet Record: ! 64.89m 22/07/2007 Nielsen, Kyle, Team BC
Name          Age Team          Finals
=====
1 Wilson, Kier 40 Unattached A    44.42m
   42.20m 42.70m 44.42m 42.85m 43.36m 42.67m
2 Thomas, Craig 21 U OF C Athle    43.76m
   41.24m 43.02m 41.18m 43.76m FOUL 43.13m
=====

```

Men 110 Meter Hurdles 39" Masters 35-49

```

=====
13.72m to first, 9.14m between
Stadium: # 15.84 19/07/2008 Goran Miletic, Edmonton Royals
Name          Age Team          Finals  Wind
=====
1 Starosielski, Tom 43 NEAT           21.68  -3.6
=====

```

Men Triple Jump Masters 35-49

```

=====
Stadium: # 14.90m 20/07/2008 Jason Moss, Edmonton International
Name          Age Team          Finals  Wind
=====
1 Starosielski, Tom 43 NEAT           10.26m  2.3
   10.26m(2.3) 10.14m(1.6) FOUL 10.11m(1.9) 9.67m(2.1) PASS
=====

```

Men Shot Put 7.26kg Masters 35-49

```

=====
Stadium: # 11.36m 11/07/2009 Gordon McCulloch, Unattached AB
Meet Record: ! 11.44m 10/07/2010 Ron Walker, St. Albert Track
Name          Age Team          Finals
=====
1 Wilson, Kier 40 Unattached A    10.26m
   10.26m FOUL 9.13m FOUL FOUL FOUL
=====

```

Men 100 Meter Hurdles 36" Masters 50-59

```

=====
13m to first, 8.5m between
Stadium: # 18.25 10/07/2010 Murray Black, Edmonton Masters
Meet Record: ! 18.25 10/07/2010 Murray Black, Edmonton Masters
Name          Age Team          Finals  Wind
=====
1 Dong, Walter 50 Edmonton Thu    16.80! -2.4
=====

```

Men 1500 Meter Run Masters 50-64

```

=====
Stadium: # 3:53.86 10/07/2010 Kip Kasongo, Running Room
Meet Record: ! 4:40.07 10/07/2010 David Guss, Adrenaline Rush
Name          Age Team          Finals
=====

```

```

=====
1 Bickley, ED                53 Calgary Road          4:50.85
2 Guss, David                51 Adrenaline R          5:08.45
3 Secker, Michael           60 Edmonton Thu          5:09.70
4 Holmes, Bob                57 Edmonton Thu          5:12.31
=====

```

Men Shot Put 5kg Masters 60+

```

=====
Stadium: # 10.94m 11/07/2009 Matthew Kushak, Edmonton Harriers
Meet Record: ! 9.83m 10/07/2010 Fred Judson, Edmonton Masters
Name                Age Team                Finals
=====
1 Roberts, Richard   69 Edmonton Mas         8.43m
8.43m 8.03m 7.34m 7.51m 7.77m 7.89m
=====

```


2011 Sherwood Park Track Classic - 7/23/2011 to 7/24/2011**Alberta Age Class Provincial Championships
Strathcona Athletic Park, Sherwood Park, AB****Results****Women 100 Metre Dash Masters 35-49**

Stadium: # 11.70 7/11/2009 Winneth Dube, Premiere Track

Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points
------	-----	------	------	--------	------	-------------	--------

Finals

1	802	Schoenthaler, Sher	47	Calgary Spartans	13.96	14.60	-2.7	12.90	81.37%
2	936	Vethanayagam, Dili	43	Edmonton Harriers	14.97	15.07	-2.7	13.91	75.45%
3	788	Stilman, Shani	42	Calgary Olym	15.47	15.73	-2.7	14.69	71.46%

Women 200 Metre Dash Masters 35-49

Stadium: # 23.94 7/12/2009 Winneth Dube, Premiere Track

Meet Record: ! 29.03 7/11/2010 Sheryl Schoenthaler, Calgary Spartans

Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points
------	-----	------	------	--------	------	-------------	--------

1	802	Schoenthaler, Sher	47	Calgary Spartans	28.99	30.25	-2.5	26.26	81.29%
--	936	Vethanayagam, Dili	43	Edmonton Harriers	31.79	DNS	-2.5		

Women 800 Metre Run Masters 35-49

Stadium: # 2:12.99 7/12/2009 Dawn Nagazina, Unattached AB

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

1	792	Dixon, Donna	49	Calgary Phoe	2:32.50	2:34.10	2:18.62	81.73%
---	-----	--------------	----	--------------	---------	---------	---------	--------

Women 1500 Metre Run Masters 35-49

Stadium: # 4:34.58 7/11/2009 Jessica O'Connell, UCAC

Meet Record: ! 5:16.05 7/10/2010 Donna Dixon, Calgary Spartans

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

1	792	Dixon, Donna	49	Calgary Phoe	5:27.00	5:26.10	4:37.52	83.77%
---	-----	--------------	----	--------------	---------	---------	---------	--------

Women Shot Put 4kg Masters 35-49

Stadium: # 12.96m 8/11/2007 Revoy, Chelsey, Team Saskatchewan

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

1	1118	Reed, Georgette	44	U OF A Athle	13.00m	13.03m#	16.75m	74.03%		
					12.74m	12.14m	12.31m	12.16m	13.03m	12.98m

Women Discus Throw 1kg Masters 35-49

Stadium: # 53.33m 7/11/2010 Neelam Dogra, Unattached AB

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

1	1118	Reed, Georgette	44	U OF A Athle	40.00m	38.15m	44.97m	58.56%		
					36.85m	37.40m	36.62m	38.15m	FOUL	37.40m

Women Hammer Throw 4kg Masters 35-49

Stadium: # 58.99m 7/11/2009 Stacey, Heather, Chinook Track

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

2011 Sherwood Park Track Classic - 7/23/2011 to 7/24/2011**Alberta Age Class Provincial Championships
Strathcona Athletic Park, Sherwood Park, AB****Results****....Women Hammer Throw 4kg Masters 35-49**

1 1118 Reed, Georgette 44 U OF A Athle 40.00m 39.99m 58.69m 76.23%
37.39m 37.09m 36.98m 39.99m 35.12m 37.54m

Women 3000 Metre Race Walk Masters 35-49

```
=====
Name                      Age Team                      Seed      Finals      Age-Grading Points
=====
1 982 Hulley, Elizabeth    48 Edmonton Racewalk          16:50.00   17:24.70   15:42.85 73.71%
```

Women 80 Metre Hurdles 30" Masters 50-59

12m to first, 7m between

Stadium: # 13.61 7/10/2010 BJ Freeman, Calgary Spartans

Meet Record: ! 13.61 7/10/2010 BJ Freeman, Clagary Spartans

```
=====
Name                      Age Team                      Seed      Finals      Wind      Age-Grading Points
=====
1 799 Lauridsen, Susanne   53 Calgary Spartans           16.44     16.44     -3.3     16.70 73.11%
```

Women Javelin Throw 500g Masters 50-59

```
=====
Name                      Age Team                      Seed      Finals      Age-Grading Points
=====
1 926 King, Tracy          53 Edmonton Harriers          19.43m    18.64m    27.35m 37.47%
15.63m 18.64m FOUL 15.86m 18.02m FOUL
```

Women 100 Metre Dash Masters 50-64

Stadium: # 11.70 7/11/2009 Winneth Dube, Premiere Track

```
=====
Name                      Age Team                      Seed      Finals      Wind      Age-Grading Points
=====
1 799 Lauridsen, Susanne   53 Calgary Spartans          15.30     15.54     -2.7     12.90 81.34%
```

Women 200 Metre Dash Masters 50-64

Stadium: # 23.94 7/12/2009 Winneth Dube, Premiere Track

Meet Record: ! 29.78 7/11/2010 BJ Freeman, Calgary Spartans

```
=====
Name                      Age Team                      Seed      Finals      Wind      Age-Grading Points
=====
1 799 Lauridsen, Susanne   53 Calgary Spartans          31.88     32.33     -2.5     26.24 81.32%
```

Women Long Jump Masters 50-64

Stadium: # 6.25m 7/11/2010 Krysha Bayley, Legacy Athletics

Meet Record: ! 4.57m 7/11/2010 BJ Freeman, Calgary Spartans

```
=====
Name                      Age Team                      Seed      Finals      Wind      Age-Grading Points
=====
1 799 Lauridsen, Susanne   53 Calgary Spartans          4.13m     4.07m     1.5     5.33m 70.91%
3.98m(1.5) 3.83m(1.4) 3.57m(3.0) 3.98m(3.0) 3.97m(2.9) 4.07m(1.5)
```

2011 Sherwood Park Track Classic - 7/23/2011 to 7/24/2011**Alberta Age Class Provincial Championships
Strathcona Athletic Park, Sherwood Park, AB****Results****Women Shot Put 3kg Masters 50-64**

Stadium: # 10.09m 7/10/2010 Jovette Jolicoeur, Calgary Spartans						
Meet Record: ! 10.09m 7/10/2010 Jovette Jolicoeur, Calgary Spartans						
Name	Age	Team	Seed	Finals	Age-Grading	Points
1	926	King, Tracy	53	Edmonton Harriers	8.75m	9.45m 13.83m 61.13%
					9.33m 8.91m 8.93m 9.45m 8.75m 9.39m	

Women Discus Throw 1kg Masters 50-64

Name	Age	Team	Seed	Finals	Age-Grading	Points
1	926	King, Tracy	53	Edmonton Harriers	22.44m	25.10m 34.64m 45.11%
					19.85m 23.37m FOUL 23.62m 25.10m 23.90m	

Women 3000 Metre Race Walk Masters 50-64

Name	Age	Team	Seed	Finals	Age-Grading	Points
1	1015	Flipsen, Johanna	56	Heartland RA	16:15.00	16:31.81 13:53.13 83.42%
2	1016	Rodrigue-Poscente,	52	Heartland RA	17:45.00	18:03.90 15:45.38 73.52%

Women 100 Metre Dash Masters 65+

Stadium: # 11.70 7/11/2009 Winneth Dube, Premiere Track							
Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points
--	963	Hopchin, Maria	67	Edmonton Masters	16.50	DNS -2.7	

Women 200 Metre Dash Masters 65+

Stadium: # 23.94 7/12/2009 Winneth Dube, Premiere Track							
Meet Record: ! 34.87 7/11/2010 Maria Hopchin, Edmonton Masters							
Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points
1	963	Hopchin, Maria	67	Edmonton Masters	35.90	-2.5 25.31 84.32%	

Men 100 Metre Dash Masters 35-49

Stadium: # 10.41 7/11/2009 Brian Barnett, Capital City							
Meet Record: ! 11.88 7/10/2010 James Van Bakal, Edmonton Masters							
Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points
1	543	Issac, Jason	35	Unattached	11.50	11.96 -2.1 11.84 82.78%	
2	1091	Posyluzny, Darren	43	Red Deer Titans	12.58	-2.1 11.77 83.23%	
3	951	Quaidoo, Frank	35	Edmonton Harriers	13.00	12.92 -2.1 12.79 76.63%	
4	812	Meyers, Darcy	49	Calgary Spartans	13.23	13.57 -2.1 12.19 80.32%	

Men 200 Metre Dash Masters 35-49

Stadium: # 21.56 8/10/2007 Effah, Sam, Team Alberta							
Meet Record: ! 24.31 7/11/2010 James Van Bakel, Edmonton Masters							
Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points
1	543	Issac, Jason	35	Unattached	23.51	23.92! -3.6 23.07 83.78%	

2011 Sherwood Park Track Classic - 7/23/2011 to 7/24/2011**Alberta Age Class Provincial Championships
Strathcona Athletic Park, Sherwood Park, AB****Results****....Men 200 Metre Dash Masters 35-49**

2	1091	Posyluzny, Darren	43	Red Deer Titans		25.11	-3.6	22.78	84.83%
3	951	Quaidoo, Frank	35	Edmonton Harriers	25.43	26.23	-3.6	25.29	76.40%
4	812	Meyers, Darcy	49	Calgary Spartans	27.46	28.28	-3.6	24.56	78.68%
5	1079	Starosielski, Tom	43	Neat	28.62	28.29	-3.6	25.67	75.29%

Men 3000 Metre Run Masters 35-49

Stadium: # 8:44.79 8/11/2007 Sinclair, Matthew, Team Alberta

Name	Age	Team	Seed	Finals	Age-Grading Points
------	-----	------	------	--------	--------------------

1	387	Pearson, Tim	44	Unattached Alberta	9:41.91	8:53.56	82.47%
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Men 110 Metre Hurdles 39" Masters 35-49

13.72m to first, 9.14m between

Stadium: # 15.84 7/19/2008 Goran Miletic, Edmonton Royals

Name	Age	Team	Seed	Finals	Wind	Age-Grading Points
------	-----	------	------	--------	------	--------------------

1	1079	Starosielski, Tom	43	Neat	21.68	-3.6	20.22	63.84%
---	------	-------------------	----	------	-------	------	-------	--------

Men Triple Jump Masters 35-49

Stadium: # 14.90m 7/20/2008 Jason Moss, Edmonton International

Name	Age	Team	Seed	Finals	Wind	Age-Grading Points
------	-----	------	------	--------	------	--------------------

1	1079	Starosielski, Tom	43	Neat	10.26m	2.3	11.40m	62.33%
10.26m(2.3) 10.14m(1.6) FOUL 10.11m(1.9) 9.67m(2.1) PASS								

Men Shot Put 7.26kg Masters 35-49

Stadium: # 11.36m 7/11/2009 Gordon McCulloch, Unattached AB

Meet Record: ! 11.44m 7/10/2010 Ron Walker, St. Albert Track

Name	Age	Team	Seed	Finals	Age-Grading Points
------	-----	------	------	--------	--------------------

1	509	Wilson, Kier	40	Unattached Alberta	10.26m	10.53m	45.58%
10.26m FOUL 9.13m FOUL FOUL FOUL							

Men Discus Throw 2kg Masters 35-49

Stadium: # 46.71m 8/10/2007 Sedor, Matt, Team Manitoba

Meet Record: ! 32.83m 7/12/2009 Gordon McCulloch, Unattached AB

Name	Age	Team	Seed	Finals	Age-Grading Points
------	-----	------	------	--------	--------------------

1	509	Wilson, Kier	40	Unattached Alberta	28.70m	28.70m	38.74%
28.53m FOUL 27.93m 24.61m 28.05m 28.70m							
2	1177	Anderson, Kevin	43	Unattached Alberta	27.73m	28.54m	38.53%
27.73m FOUL 24.78m 25.37m 23.82m 24.50m							
3	192	Andronyk, Aaron	43	Unattached Alberta	24.07m	24.77m	33.44%
22.27m FOUL 23.45m 24.07m 20.33m FOUL							

2011 Sherwood Park Track Classic - 7/23/2011 to 7/24/2011**Alberta Age Class Provincial Championships
Strathcona Athletic Park, Sherwood Park, AB****Results****Men Javelin Throw 800g Masters 35-49**

Stadium: # 71.50m 8/9/2007 Moss, Curtis, Team BC						
Meet Record: ! 46.58m 7/12/2009 Lee Beamish, Unattached AB						
Name	Age	Team	Seed	Finals	Age-Grading	Points
1	509	Wilson, Kier	40 Unattached Alberta	43.45m	49.02m	49.78%
				42.45m 43.41m 43.10m 43.45m 43.14m 42.53m		
2	1177	Anderson, Kevin	43 Unattached Alberta	33.32m	39.52m	40.13%
				31.93m 32.66m 30.48m 30.87m 33.32m 32.21m		

Men 100 Metre Hurdles 36" Masters 50-59

13m to first, 8.5m between						
Stadium: # 18.25 7/10/2010 Murray Black, Edmonton Masters						
Meet Record: ! 18.25 7/10/2010 Murray Black, Edmonton Masters						
Name	Age	Team	Seed	Finals	Wind	Age-Grading Points
1	1002	Dong, Walter	50 Edmonton Thunder	15.20	16.80!	-2.4 16.38 78.87%

Men Javelin Throw 700g Masters 50-59

Stadium: # 49.10m 7/11/2010 Lee Beamish, Unattached AB						
Meet Record: ! 49.10m 7/11/2010 Lee Beamish, Unattached AB						
Name	Age	Team	Seed	Finals	Age-Grading	Points
1	194	Beamish, Lee	51 Unattached Alberta	47.62m	62.02m	62.98%
				FOUL FOUL 47.62m 44.56m 42.72m 44.82m		
--	257	Gudzowsky, Terry	57 Unattached Alberta		DNS	

Men 100 Metre Dash Masters 50-64

Stadium: # 10.41 7/11/2009 Brian Barnett, Capital City						
Meet Record: ! 13.08 7/10/2010 Murray Black, Edmonton Masters						
Name	Age	Team	Seed	Finals	Wind	Age-Grading Points
1	405	Pullishy, Grant	54 Unattached Alberta	14.62	-2.1	12.71 77.09%
--	371	Melmoth, Rae	59 Unattached Alberta		DNF -2.1	

Men 200 Metre Dash Masters 50-64

Stadium: # 21.56 8/10/2007 Effah, Sam, Team Alberta						
Meet Record: ! 26.42 7/11/2010 Murray Black, Edmonton Masters						
Name	Age	Team	Seed	Finals	Wind	Age-Grading Points
--	371	Melmoth, Rae	59 Unattached Alberta		DNS -3.6	

Men 800 Metre Run Masters 50-64

Stadium: # 1:53.22 8/11/2007 Mazzei, Darren, Team Saskatchewan						
Meet Record: ! 2:16.90 7/11/2010 David Guss, Adrenaline Rush						
Name	Age	Team	Seed	Finals	Age-Grading	Points
--	766	Guss, David	51 Adrenaline R	2:10.00	DNS	

2011 Sherwood Park Track Classic - 7/23/2011 to 7/24/2011**Alberta Age Class Provincial Championships
Strathcona Athletic Park, Sherwood Park, AB****Results****Men 1500 Metre Run Masters 50-64**

Name	Age	Team	Seed	Finals	Age-Grading Points
Stadium: # 3:53.86 7/10/2010 Kip Kasongo, Running Room					
Meet Record: ! 4:40.07 7/10/2010 David Guss, Adrenaline Rush					
1	1179	Bickley, ED	53 Calgary Roadrunners	4:45.00	4:50.85 4:02.20 85.06%
2	766	Guss, David	51 Adrenaline R	4:30.00	5:08.45 4:21.39 78.81%
3	1012	Secker, Michael	60 Edmonton Thunder	4:56.00	5:09.70 4:02.96 84.79%
4	1005	Holmes, Bob	57 Edmonton Thunder	5:03.00	5:12.31 4:11.32 81.97%

Men 3000 Metre Run Masters 50-64

Name	Age	Team	Seed	Finals	Age-Grading Points
Stadium: # 8:44.79 8/11/2007 Sinclair, Matthew, Team Alberta					
Meet Record: ! 9:52.98 7/11/2010 Robin Grant, Adrenaline Rush					
--	766	Guss, David	51 Adrenaline R	10:00.00	DNS

Men Pole Vault Masters 50-64

Name	Age	Team	Seed	Finals	Age-Grading Points
Stadium: # 4.80m 7/20/2008 Deryk Theodore, Edmonton International					
Meet Record: ! 2.25m 7/11/2010 Murray Black, Edmonton Masters					
1	984	Charrois, Henry	60 Edmonton Racewalk	2.25m!	3.32m 54.22%
				2.25 2.40	
				XXO XXX	

Men 3000 Metre Race Walk Masters 50-64

Name	Age	Team	Seed	Finals	Age-Grading Points
1	983	Bodet, Glen	50 Edmonton Racewalk	14:10.00	14:39.65 12:48.38 82.18%
2	984	Charrois, Henry	60 Edmonton Racewalk	15:45.00	15:54.42 12:41.63 82.90%
3	985	Lamplough, Ian	50 Edmonton Racewalk	19:00.00	17:48.18 15:33.06 67.67%
4	1073	Harmse, Albert	57 Neat	17:54.29	20:27.39 16:48.06 62.64%
--	986	Landry, Mal	62 Edmonton Racewalk	16:15.00	DQ

Men 300 Metre Hurdles 30" Masters 60+

Name	Age	Team	Seed	Finals	Age-Grading Points
50m to first, 35m between					
Meet Record: ! 52.11 7/20/2008 Bruce Mintz, Edmonton Masters					
1	965	Mintz, Bruce	65 Edmonton Masters	55.00	53.56 55.89 83.70%

Men Shot Put 5kg Masters 60+

Name	Age	Team	Seed	Finals	Age-Grading Points
Stadium: # 10.94m 7/11/2009 Matthew Kushak, Edmonton Harriers					
Meet Record: ! 9.83m 7/10/2010 Fred Judson, Edmonton Masters					
1	966	Roberts, Richard	69 Edmonton Masters	8.43m	14.21m 61.49%
				8.43m 8.03m 7.34m 7.51m 7.77m 7.89m	
--	493	Smolinski, Frank	72 Unattached Alberta		DNS

2011 Sherwood Park Track Classic - 7/23/2011 to 7/24/2011**Alberta Age Class Provincial Championships
Strathcona Athletic Park, Sherwood Park, AB****Results****Men Shot Put 4kg 70-79 Masters 60+**

Stadium: # 12.29m 7/19/2008 Matthew Kushak, Neat

Meet Record: ! 12.37m 7/10/2010 Frank Smolinski, Unattached AB

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

--	493	Smolinski, Frank	72	Unattached Alberta		SCR
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Men Discus Throw 1kg Masters 60+

Stadium: # 24.92m 7/12/2009 Eric Sinclair, St. Albert Track

Meet Record: ! 33.21m 7/11/2010 Frank Smolinski, Unattached AB

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

1	968	Swane, Dwight	67	Edmonton Masters	24.74m	32.43m 43.79%
					23.53m 23.00m 24.55m 23.38m 23.40m 24.74m	
2	305	La Bine, Chris	60	Unattached Alberta	22.12m	24.84m 33.54%
					FOUL 20.92m 20.70m 22.12m 21.54m 17.57m	
--	493	Smolinski, Frank	72	Unattached Alberta		DNS

Men Hammer Throw 5kg Masters 60+

Stadium: # 63.87m 7/10/2010 Pedro Diaz-Pallos, UCAC

Meet Record: ! 16.67m 7/10/2010 Richard Roberts, Edmonton Masters

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

1	966	Roberts, Richard	69	Edmonton Masters	17.51m!	30.91m 35.64%
					14.94m 17.51m FOUL 15.78m 17.05m FOUL	

Men Javelin Throw 500g 70-79 Masters 60+

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

--	493	Smolinski, Frank	72	Unattached Alberta		SCR
----	-----	------------------	----	--------------------	--	-----

Men Javelin Throw 600g Masters 60+

Stadium: # 41.87m 7/19/2008 Marc Dubeau, Neat

Meet Record: ! 31.09m 7/11/2010 Fred Judson, Edmonton Masters

Name	Age	Team	Seed	Finals	Age-Grading	Points
------	-----	------	------	--------	-------------	--------

1	305	La Bine, Chris	60	Unattached Alberta	26.06m	38.57m 39.18%
					24.70m 23.32m 24.98m 24.88m 24.53m 26.06m	
--	493	Smolinski, Frank	72	Unattached Alberta		DNS

Men 100 Metre Dash Masters 65+

Stadium: # 10.41 7/11/2009 Brian Barnett, Capital City

Meet Record: ! 14.61 7/10/2010 Dwight Swane, Edmonton Masters

Name	Age	Team	Seed	Finals	Wind	Age-Grading	Points
------	-----	------	------	--------	------	-------------	--------

1	965	Mintz, Bruce	65	Edmonton Masters	13.85	14.46! -2.1	11.74 83.40%
2	968	Swane, Dwight	67	Edmonton Masters	14.60	15.42 -2.1	12.38 79.12%

2011 Sherwood Park Track Classic - 7/23/2011 to 7/24/2011

**Alberta Age Class Provincial Championships
Strathcona Athletic Park, Sherwood Park, AB**

Results

Men 200 Metre Dash Masters 65+

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=====
Stadium: # 21.56 8/10/2007 Effah, Sam, Team Alberta
Meet Record: ! 30.63 7/11/2010 Derek McCune, Unattached AB
Name Age Team Seed Finals Wind Age-Grading Points
=====
1 965 Mintz, Bruce 65 Edmonton Masters 29.24 29.89! -3.6 23.30 82.94%
    
```

Men Long Jump Masters 65+

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=====
Stadium: # 7.38m 7/11/2010 Wade Huber, Excel Athletica
Name Age Team Seed Finals Wind Age-Grading Points
=====
1 965 Mintz, Bruce 65 Edmonton Masters 3.99m 2.4 6.21m 69.39%
FOUL 3.79m(1.1) 3.72m(1.8) 3.84m(1.9) 3.94m(1.7) 3.99m(2.4)
    
```